

Chest X-ray

A chest x-ray is a picture of your chest that shows your lungs, heart, and bones. This test is quick and painless.

If you are pregnant, or think you might be, tell the staff before the test.

Arrive on time for your test. Plan to be here about 30 minutes. The test takes about 15 minutes.

During the Test

- You will need to remove clothing with metal in it, such as a bra or tops with snaps and zippers. You may be asked to wear a hospital gown.
- Two x-rays are taken. You will be told to take a deep breath and hold it when the x-rays are taken.
 - For the first x-ray, stand facing the x-ray board. Your arms are moved forward to move your shoulder blades apart.
 - For the second x-ray, stand with your left side against the x-ray board with both arms raised above your head.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

Raajada Feedhaha

Raajada laabtu/xabdku waa sawir muujinaya sanbabadaada, wadnaha, iyo lafaha. Baaritaankaan waa mid deg-deg ah oo aan xanuun lahayn.

Haddii aad uur leedahay, ama aad u malaynaysid in laga yaabo, u sheeg shaqaalaha baaritaanka ka hor.

Waqtiga lagu qabtay ku imow marka lagu baarayo. Qorsheyso inaad meesha joogi doontid ilaa 30 daqiiqadood. Baaritaanku wuxuu qaadanayaa ilaa 15 daqiiqadood.

Waqtiga Baaritaanka

- Waxaa lagaaga baahan doonaa inaad dharka biraha leh iska bixiso, sida kaashaliga ama waxa korka lagu xirto ee biraha yar yar iyo jinyeerrada leh. Waxaa laga yaabaa in lagu weydiisto inaad xidhato goonnada isbitaalka.
- Labo raajo ayaa lagaa qaadayaa. Waxaa lagu sheegi doonaa inaad neef qoto dheer jiidatid aadna isku celisid marka raajada lagaa qaadayo.
 - Raajada ugu horreysa, istaag adigoo u jeeda looxa raajada. Gacmahaaga horey ayaa loo soo dhaqaajinayaa si garbahaaga loo kala furo.
 - Raajada labaad, istaag iyadoo dhinacaaga bidix uu ku beegan yahay looxa raajada adigoo labada gacmoodba madaxaaga kor uga qaadaya.

Jawaabta baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaagu wuxuu kula socodsiin doonaa jawaabaha/ama go'aanada.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ah ama walaac ah qabtid.

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ChestX-ray. Somali.