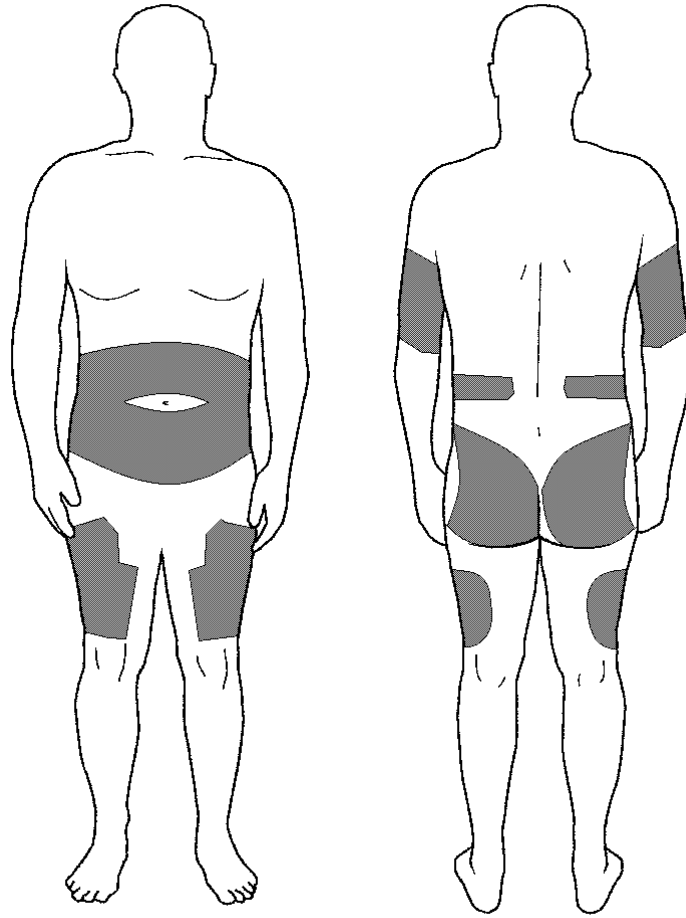


Subcutaneous Injection Sites

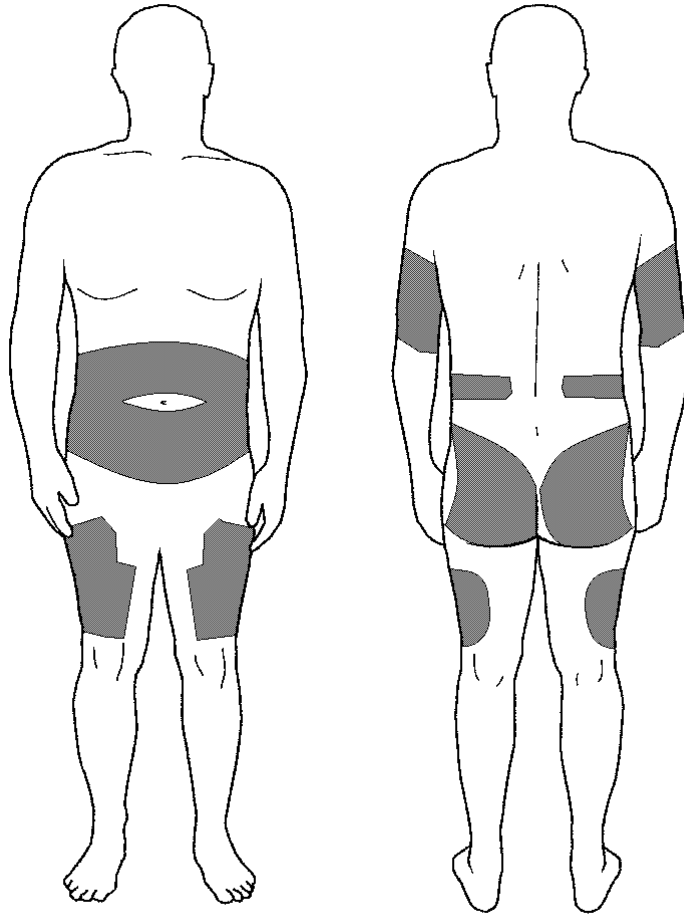


The medicine you are taking is to be given into the fatty tissue under the skin. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

- The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms, and least well from the legs and buttocks.
- Rub the site with alcohol. Let the alcohol air dry.
- Give your shot in a different spot each time.
- Talk to your doctor or nurse if you have any questions or concerns about where to give your injection.

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피하주사를 놓는 부위



약은 피부 아래에 있는 지방조직 속으로 투여됩니다. 어떻게 주입하는지 가르쳐 드릴 것입니다. 이 안내서를 참고로 신체 어느 부위에 주입해야 하는지 배우시기 바랍니다.

- 그림에 표시된 복부, 팔, 다리, 엉덩이 부위에 주입할 수 있습니다. 약은 복부에 주입할 때 가장 흡수가 잘 되고, 그 다음에는 팔이며, 다리와 엉덩이에 주입할 때 흡수가 가장 더딥니다.
- 알코올로 부위를 닦습니다. 알코올이 건조할 때까지 잠시 기다립니다.
- 주사를 놓을 때 마다 다른 곳에 바늘을 찌르십시오.
- 어디에 바늘을 찌러야 하는지 질문이나 문제가 있으시면 의사나 간호사에게 물어보십시오.

Subcutaneous Injection Sites. Korean.

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