

MRI (Magnetic Resonance Imaging)

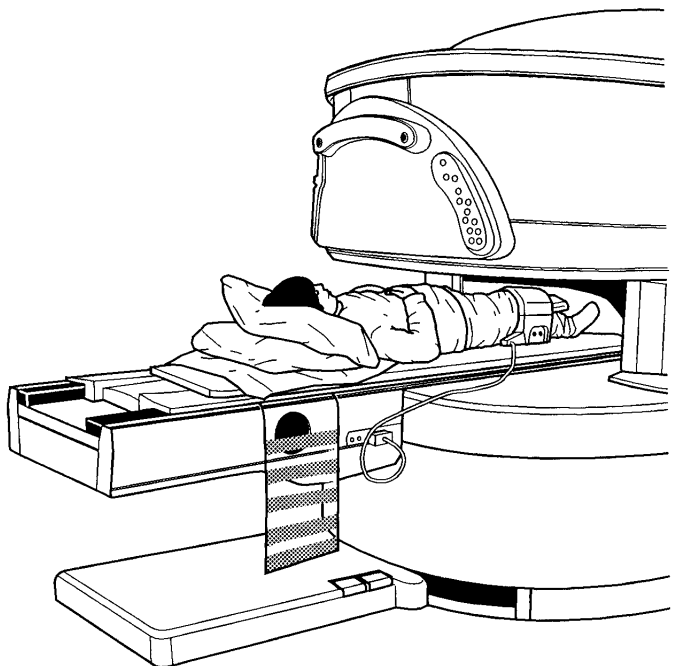
A MRI uses radio waves and a magnetic field to take pictures of soft tissues, organs and bones. It is a painless test with no health risks.

If you are pregnant or think you might be, tell the staff before the test.

Arrive on time for your test. The test takes 30-60 minutes.

To Prepare

- Let the staff know **right away** if you:
 - Weigh over 350 pounds or 159 kg
 - Have any metal in your body, such as a pacemaker, replacement joint or plate
- Remove any items that can be affected by the magnet. These may include hairpins, jewelry, coins, dentures, keys, or credit cards.
- You will be asked to change into a hospital gown.
- You may have an IV (intravenous) put in your arm to give you medicine during the test.
- You may bring a CD or cassette tape to listen to help you relax during the test. We will provide a special headset to listen to the music.
- If being in a small space scares you, talk to your doctor before the test. Your doctor may order some medicine to help you relax.
- You can eat, drink and take your medicines before the test.



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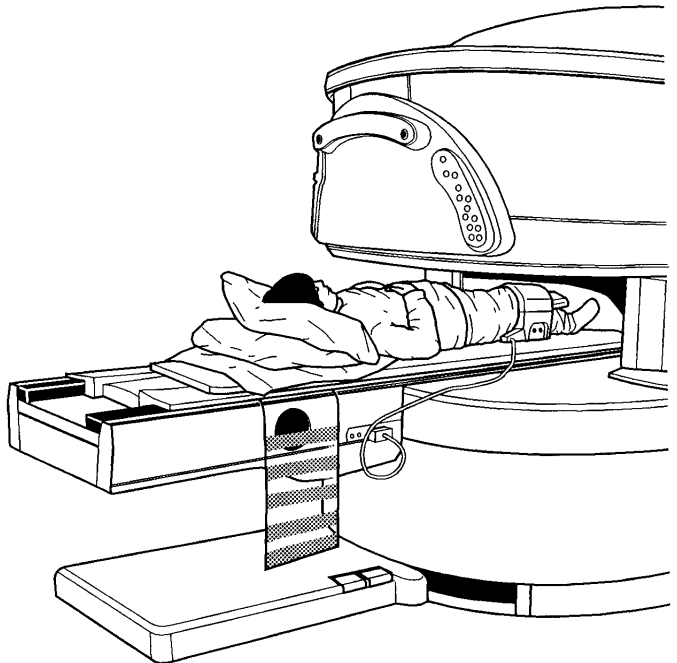
MRI wuxuu isticmaalaa mawjado shucaac iyo habraac birlabeed leh si ay u qaaddo sawirrada unugyada jilicsan, xubnaha iyo lafaha jilicsan. Waa baaritaan aan xanuun lahayn oo aan halis caafimaadna lahayn.

Haddii aad uur leedahay ama aad u maleyneyso in aad uur yeelanayso, shaqaalaha u sheeg baaritaanka ka hor.

Baaritaankaaga waqtiga ku imow. Baaritaanku wuxuu qaadanayaa 30-60 daqiiqadood.

Si aad isugu Diyaariso

- **Isla markiiba** shaqaalaha ogeysii haddii:
 - Miisaankaagu ka culus yahay 350 pounds ama 159 kg
 - Aad wax bir ah jidhka ku sidato, sida cabbiraha garaaca wadnaha, birta ruugagga ama lafta lagu beddelo
- Iska saar wixii walxo bir qabatada saameyn kara. Kuwaas waxaa ka mid ah biinka timaha, dahabka ama qalinka, lacagta sarrifka ah, ilkaha sanaaciga ah, fureyaasha, ama kaararka deynta.
- Waxaa laga codsan doonaa in aad goonnada isbitaalka u beddelato.
- Waxaa laga yaabaa in lagu siiyo IV (xidid gale) laga geliyo gacanta si daawo lagaaga shubo waqtiga baaritaanka.
- Waxaad soo qaadan kartaa CD ama cajalad si aad u dhegeysato si ay kaaga caawiyaan in aad ku xasisho waqtiga baaritaanka. Waxaan bixin doonaa xarkaha wax lagu dhegeysto (headset) gaar ah si aad ugu dhegeysato muusikada.
- Haddii in aad meel yar ku jirto ay ku cabsi geliso, takhtarkaaga kala hadal baaritaanka ka hor. Takhtarkaagu waxaa laga yaabaa inuu dalbado xoogaa daawo ah si ay kaaga caawiso in aad degganaato.
- Waad cuni kartaa, cabbi kartaa isla markaana qaadan kartaa daawooyinkaaga baaritaanka ka hor.



MRI. Somali.

During the Test

- You will lie on a table in the middle of a long tube-like machine.
- The table slides into the opening of the machine until the part of your body to be checked is in the center.
- Your body and/or head go inside the machine, but the sides may be open.
- If you are having a test of your head, you may need to wear a helmet with a window.
- Lie very still during the test. You may sleep.
- You can talk to the staff through a speaker. Tell the staff if you need help or are uncomfortable.
- The machine makes a loud banging sound during the test. You are given earplugs to wear and may listen to music.

After the Test

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to the staff if you have any questions or concerns.

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Waqtiga Baaritaanka

- Waxaad ku seexan doontaa miis ee bartamaha makiinad dhuun dheer oo kale ah.
- Miisku wuxuu siqi karaa daloolka makiinadda ilaa qayb jidhkaaga ka mid ah ee la baarayo kaga soo aadayso dhexda.
- Jidhkaaga iyo/ama madaxu waxay galayaan gudaha makiinadda, laakiin dhinacyadu waxaa laga yaabaa iney furan yihiin.
- Haddii madaxa lagaa baarayo, waxaa laga yaabaa in aad u baahato in aad xidhato koofida askarta ee birta ah oo dariishad leh.
- Si aad deggan u jiifo waqtiga baaritaanka. Waad iska hurdi kartaa.
- Waxaad shaqaalaha kula hadli kartaa maykorofoon. Shaqaalaha u sheeg haddii aad u baahan tahay caawino ama uu lur ku hayo.
- Makiinaddu waxay leedahay cod dheer oo garaacmaha waqtiga baaritaanka. Waxaa lagu siinayaa wax dhegaha la gashto si aad u gashato waxaana laga yaabaa in aad ku dhegeysato muusiko.

Baaritaanka ka Dib

Natijjooyinka waxaa loo diri doonaa takhtarkaaga. Takhtarkaagu wuxuu kula socodsiin doonaa natijjooyinka.

Shaqaalaha kala hadal haddii aad wax su'aalo ama walaacyo ah qabtid.

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