

Ultrasound in Pregnancy

An ultrasound is a test that uses sound waves to look at your baby, the uterus and the placenta. You will be able to hear your baby's heartbeat and pictures will be seen on the screen. An ultrasound is not an x-ray and does not cause pain. This test takes about 20 minutes and will be done in your doctor's office or clinic.

An ultrasound is used to:

- Check the due date.
- Check the baby's growth and weight.
- See if there is more than one baby.
- Look for signs of birth defects. If it shows that there might be a birth defect, other tests will be done.
- Look for causes of bleeding or other problems.
- Check the baby's position late in pregnancy.

Although the baby's genital area may be seen, ultrasounds are not done to find the baby's sex. You will be asked if you want to know the sex of the baby if an ultrasound is done. Ultrasound does not always show the sex of a baby.

To Prepare

- You may be asked to drink 1-2 glasses of water before the test so your bladder is full. If so, do not urinate until after the test.

妊娠超声波

超声波是用声波查看你的婴儿、子宫和胎盘的一项检查。你将能够听到你婴儿的心跳，也能在屏幕上看到照片。超声波不是 x 光造影且不引起疼痛。这一检查约需 20 分钟，将在你的医生诊室或诊所进行。

超声波用于：

- 核查预产期。
- 查看婴儿的生长和体重。
- 查看是否不止一个婴儿。
- 查找有无先天缺陷。如显示可能有先天缺陷，则将要去做其他检查。
- 查找出血原因或其他问题。
- 查看妊娠后期婴儿胎位。

虽然可看见婴儿的性器官，但超声波不用于确定婴儿性别。有人会问你如做超声波，你是否想知道婴儿的性别。超声波并不总是显示婴儿的性别。

准备工作

- 你可能被要求在测试前喝 1-2 杯水，这样你的膀胱会胀满。如果是这样，请直到测试后才小便。

During the Test

- You will lie on a table with your stomach uncovered.
- Warm gel is put on your skin. A wand is moved across the gel to take pictures.
- You will be able to see the pictures on the screen.
- The staff will talk to you about the pictures.

Talk to the staff if you have any questions or concerns.

检查期间

- 你将躺在一张台上，露出腹部。
- 将给你的皮肤涂上暖凝胶。用一支棒在凝胶上移动照照片。
- 你将能在屏幕上看到照片。
- 医疗人员将向你讲述照片。

若有任何问题或关注事宜，请告知你的医护人员。