

# When Should I Call My Baby's Doctor?

**Call 911** if your baby turns blue or has trouble breathing.

**Call your baby's doctor** if your baby has any of the following:

- Cries non-stop or is more irritable
- A temperature above 100 degrees Fahrenheit checked under the arm
- Frequent discharge from the eyes
- A hard time breathing
- Yellowing or rash on the skin that gets worse
- Redness, discharge or a foul smell from the healing umbilical cord
- Breastfeeding less often or taking less formula for more than 8 hours
- Green vomit or vomiting after more than 2 feedings in a row
- Hard to wake up
- No wet diaper for more than 8 hours
- Change in stool patterns, constipation or diarrhea
- Cough that will not go away, especially if there is a rash

If you have any concerns about your baby's health, call your baby's doctor, family doctor or health clinic. Never be shy about calling the doctor's office. Often talking to your baby's doctor or nurse will help you decide if your baby needs medical care. When you call the doctor, have written down:

- What is wrong with your baby
- Baby's temperature
- The name and phone number of your pharmacy

Keep a paper and pen nearby to write down the doctor's instructions.

# 何时应致电宝宝的医生？

如果宝宝脸色发青或者呼吸困难，**请致电 911。**

如果宝宝出现以下情况，**请致电宝宝的医生：**

- 哭泣不止或者更加易怒
- 腋下测得的体温超过 100 °F (37.8°C)
- 眼睛经常有流出物
- 呼吸困难
- 皮肤发黄或出疹的情况更加严重
- 正在愈合的脐带发红、有流出物或者有腐臭味
- 吃母乳的次数减少或者配方奶吃得更少，时间持续超过 8 小时
- 呕出绿色呕吐物，或连续 2 次以上喂奶后呕吐
- 嗜睡
- 8 个多小时没有尿湿尿布
- 大便规律有变化、便秘、腹泻
- 咳嗽不见好，尤其是伴有皮疹时。

如果您对宝宝的健康有任何担心，请致电宝宝的医生、家庭医生或诊所。切勿不好意思致电医生办公室。询问宝宝的医生或护士往往有助于您决定宝宝是否需要医护服务。致电医生之前，应写下：

- 宝宝有什么问题
- 宝宝的体温
- 您使用的药店的名称和电话号码

身边放一张纸和一支笔，记下医嘱。

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When Should I Call My Baby's Doctor. Simplified Chinese.