

Boils

Boils are painful bumps that are filled with pus. Boils form under the skin when bacteria infect a hair follicle. A follicle is where a hair forms. Boils may occur anywhere on the body, but are most often found on the face, neck, armpits, buttocks and thighs. A boil often lasts about 14 days.

Signs of Boils

A bump or open sore that:

- Grows quickly, often within 24 hours
- Is red, yellow or white at the tip
- Has drainage or pus as the boil breaks open
- Swells
- Is warm
- Is tender or painful

Your Care

- Keep your skin clean.
- Do not pick or squeeze the boil. Bacteria can spread to nearby skin and cause new boils.
- Apply a clean, warm, wet washcloth to the area several times a day to aid healing and reduce swelling.

Call your doctor if you have:

- Signs that worsen
- A very painful boil
- A boil that has not healed in 14 days
- A large boil
- A fever
- More boils
- Red lines coming out from a boil. This may be a sign that the infection has entered your blood stream.

Talk to your doctor or nurse if you have any questions or concerns.

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癰

癰是內部化膿的腫塊，非常疼痛。癰是細菌感染毛囊後在皮下形成的。毛囊是毛髮的產生地。身體的任何部位都可能生癰，但是最常見的部位是臉部、頸部、腋窩、臀部和腿部。癰的持續時間往往達到 14 天。

癰的症狀

腫塊或潰瘍：

- 發展迅速，往往在 24 小時內
- 尖部是紅色、黃色或白色
- 癰破後，有滲出液或流膿
- 腫脹
- 有灼熱感
- 壓痛或疼痛

自我護理

- 保持皮膚清潔。
- 不要挑破或擠癰。細菌可能因此擴散到周邊皮膚，導致新的癰出現。
- 每天用乾淨的布沾熱水濕潤後擦拭數次，以加快痊癒和消腫。

如有以下情況，請找醫生：

- 症狀惡化
- 非常疼痛
- 癰在 14 天內未痊癒
- 癰很大
- 發燒
- 出現更多癰
- 癰上出現紅線。出現紅線可能是感染進入血液的徵兆。

如有任何疑問或擔心，請向醫生或護士提出。

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Boils. Traditional Chinese.