

Having an X-Ray

An x-ray takes pictures of the inside of your body so that your doctor can check bones or organs for problems. The test is safe, quick and painless. The type of x-ray you have will depend upon the area being looked at and why.

If you are pregnant, or think you might be, tell the staff before the test.

To Prepare

You may need to remove clothing with metal parts, snaps or zippers. You may also need to remove jewelry or eyeglasses. You may be asked to wear a hospital gown.

During the Test

You may be given a heavy apron to protect other parts of your body from exposure to the x-rays.

Staff will help position you for the test, then move behind a wall. You may be told to hold your breath or to not move for a short time. Movement can cause the pictures to be blurry.

Most x-rays only take a few minutes.

After the Test

Test results will be sent to your doctor. Your doctor will discuss the results with you.

X 光檢查

X 光檢查是拍攝身體內部的照片，以便醫生檢查骨骼或器官是否有問題。檢查安全、快速、無痛。您所接受的 X 光檢查類型，取決於檢查部位和檢查原因。

若您懷孕或認為自己可能懷孕，檢查前要向工作人員說明。

準備工作

可能需要除去帶金屬零件、扣件、拉鏈的衣物。另外，可能還需要摘去首飾或眼鏡。可能需要穿醫院發給的罩衣。

檢查過程

可能會發給您一件很重的防護裙，防止 X 光照射身體的其他部位。

工作人員會幫助您調整檢查的姿勢，然後工作人員退到牆後。可能會要求您短時間內屏氣或不要移動身體。移動身體可能導致照片模糊。

大多數 X 光檢查只要幾分鐘時間。

檢查之後

檢查結果送至醫生處。醫生會將檢查結果通知您。

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