

# Barium Swallow

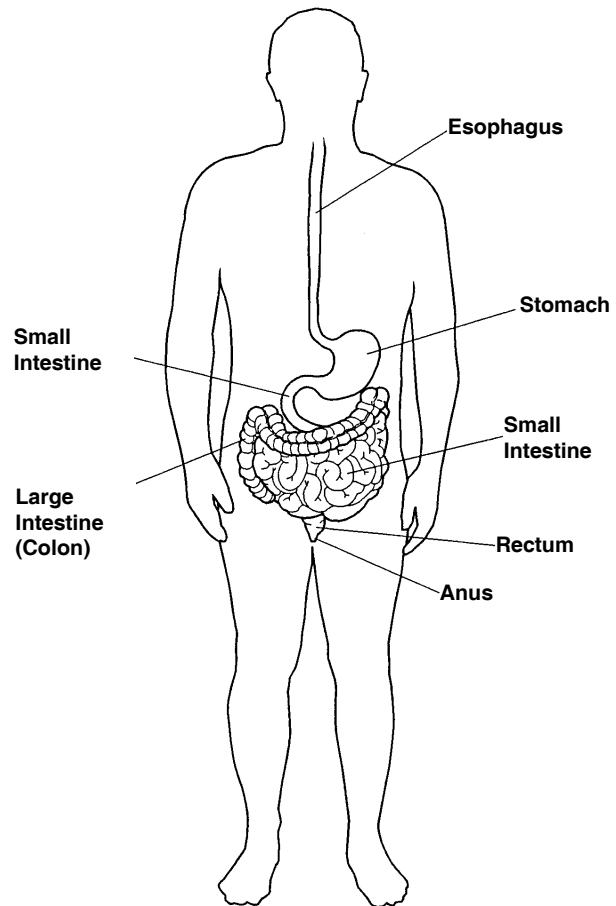
A barium swallow is an x-ray that checks for problems in your throat, esophagus, stomach and small intestine. You drink a white chalky liquid called barium to get pictures on x-rays.

**If you are breastfeeding, pregnant, or think you might be, tell the staff before the x-ray is taken.**

**Arrive on time for you test.** The test takes about 15-45 minutes. You may need to stay for up to 6 hours for more x-rays if your small intestine is being looked at.

## To Prepare

- Do not eat or drink anything, including water, after midnight before the test.
- Do not smoke after midnight before the test.
- If you need to take your medicines the morning of the test, take them with sips of water only.



# 钡餐照影

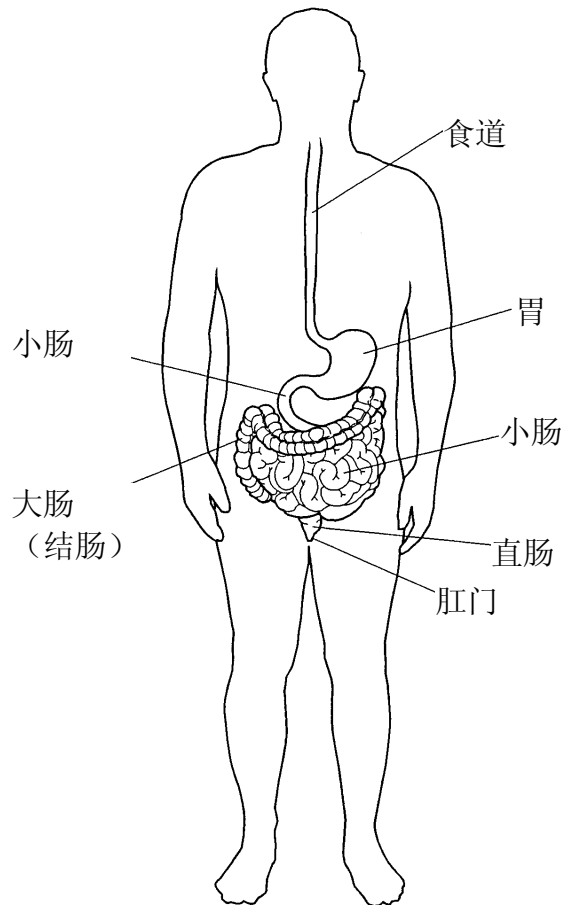
钡餐是 x 光照影，检查你的咽喉、食道、胃和小肠有无问题。你喝下称为钡剂的白色粉末状液体去拍 x 光片。

如果你哺乳、已怀孕或认为你可能怀孕，请在 x 光照影前告知医务人员。

请准时到达做检查。检查约需 15-45 分钟。如果要检查你的小肠，你可能需呆长达 6 个小时照 x 光片。

## 准备工作

- 在检查前的午夜后不要吃喝任何东西，包括水。
- 在检查前的午夜后不要吸烟。
- 如果你在检查日的早晨需服药，请只小口喝水送服。



## **During the Test**

- You will wear a hospital gown.
- You are given 1 or 2 barium drinks. The drink tastes chalky and may be flavored.
- X-rays are taken as the barium flows down your esophagus into your stomach. You may need to stand or lie on a table for the x-rays. The table is moved in many positions. As you move, the barium coats the inside of your stomach and intestines. More x-rays are taken as the barium moves through your body.
- If you are to have x-rays of your small intestine, it may take up to 6 hours to complete your test.

## **After the Test**

- Your stool will be light colored for 2-3 days after the test.
- Drink 6-8 glasses of liquids after the test. This will help remove the barium from your body and keep you from being constipated.
- Test results are sent to your doctor. Your doctor will share the results with you.

## 检查期间

- 你将穿医院的袍子。
- 会给你 1 或 2 杯钡剂饮料。饮料喝起来有粉末感，也可能添加了味道。
- 钡剂从食道流入胃部时给你拍 x 光片。拍 x 光时你可能需要站着或躺在一张台子上。台子将多次移动位置。当你移动时，钡剂将裹住你的肠胃内部。钡剂在你体内移动时将拍更多 x 光片。
- 如果你要照小肠 x 光片，可能需花 6 个小时完成你的检查。

## 检查之后

- 检查之后你的大便将有 2-3 天颜色很淡。
- 请在检查后喝 6-8 杯液体。这会有助于从你体内清除钡剂并防止你患便秘。
- 检查结果将送交你的医生。你的医生将告知你结果。

Call your doctor if you have:

- Barium in your stool 3 days after the test
- A thin stool or notice a change in your bowel habits
- Stool that is not normal in 3 days
- Pain in your lower abdomen or stomach

Call your doctor **right away** if you:

- Cannot stop vomiting
- See blood when you vomit or have blood in your stool

**Talk to your doctor or nurse if you have any questions or concerns.**

如有以下症状请给你的医生打电话：

- 检查 3 天之后大便中仍有钡剂
- 大便清稀或注意到大便的习惯有改变
- 3 天后大便不正常
- 下腹部或胃部疼痛

如有下列症状请立刻打电话给你的医生：

- 不能停止呕吐
- 呕吐中有血或大便带血

若有任何问题或关注事宜，请告知你的医生或护士。