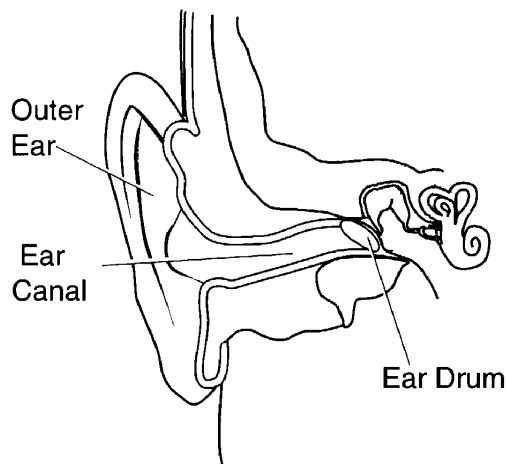


Middle Ear Infection

Middle ear infection is called otitis media. This infection is caused when the fluid draining from your ear gets blocked. This may happen when you have a cold, allergy or the flu. The fluid build-up lets bacteria grow and puts pressure on your eardrum.

Signs

- Pain
- Fever
- Drainage
- Hearing loss



Your Care

- Your doctor will look at your ears and ask you about your signs.
- Antibiotic medicine may be ordered. Take all of your medicine as directed.
- You may use a heating pad on a **low** setting.
- Do not put anything in your ears including liquids, herbs or cotton-tipped applicators unless directed to by your doctor. They can block your ear canal, causing a loss of hearing or infection.

Call your doctor **right away** if you have:

- Pain
- Fever
- Drainage that gets worse
- Hearing loss

Talk to your doctor or nurse if you have any questions or concerns.

Hurgunka Bartamaha Dhegta

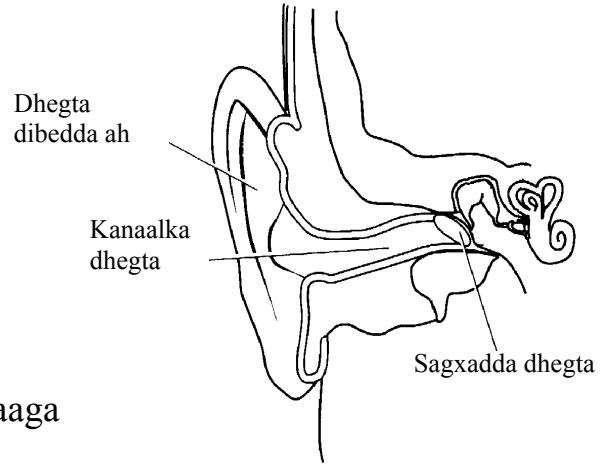
Hurgunka bartamaha dhegta waxaa loo yaqaanaa otitis media. Hurgunkaan waxaa sababa marka dheecaan ka yimid dhegtaadu uu meesha ku xannibmo. Tani waxay dhici kartaa marka aad qabto hergeb, xajiin/sanboor ama ifilo. Korodhka dheecaanku wuxuu bakteeriya u oggolaadaa iney kobocdo ayna cadaadis dul dhigto sagxadda dhegtaada.

Calaamadaha

- Xanuun
- Qandho
- Dheecaan soo burqada
- Maqal la'aan

Daryeelkaaga

- Takhtarkaagaa eegi doona dhegahaaga wuxuuna ka weydiin doonaa calaamadaha aad isku aragtay.
- Daawo Antibiyootik ah ayaa laga yaabaa in lagu faro. Daawooyinka oo dhan u qaado sida lagu faray.
- Waxaa laga yaabaa inaad isticmaasho cad kulsiin ah oo ku dheggaan dejin **Hoose**.
- Waxna dhegta ha iska gelin oo ay ku jiraan dareere, daawo dhireed ama qoryaha afka suufka ku leh ilaa uu takhtarku sidaas ku faro. Waxay xannibi karaan kanaalka dhegta, iyagoo sababaya maqal la'aan ama dhaawac.



Isla markiiba wac takhtarka haddii aad qabto:

- Xanuun
- Qandho
- Dheecaan soo burqanaya oo ka sii daraya
- Maqal la'aan

La hadal takhtarkaaga ama kalkaalisada haddii aad wax su'aalo ama walaacyo ah qabtid.

Middle Ear Infection. Somali.

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