

Seizures

Seizures are sudden, uncontrolled changes in brain activity. This is often described as having convulsions, spells and attacks. **Epilepsy** refers to having seizures over time.

Signs of Seizures

Sometimes people feel a warning sign before the seizure. This may be a funny feeling, a headache, vision change or a strange noise. The time between the warning sign and the seizure varies.

During a seizure there may be:

- Uncontrollable body motions such as body stiffening, jerking or facial twitching
- Staring spells
- Problems breathing
- Drooling
- Loss of bowel or bladder control
- Confusion

The person will be very tired and confused after the seizure. **Try to write down what happens during the seizure. Include the date, time, how long it lasted, and exactly what happened.**

Causes of Seizures

It is not always known why people have seizures. Causes may include:

- Head injury
- Pressure on the brain from a tumor, infection or bleeding

休克

休克是脑活动突然发生不可控制的变化。这通常被描述为抽搐、迷幻和发作。**癫痫**指渐渐发生休克。

休克的症状

有时人在休克前感到有警示症状。可能会是奇怪的感觉头痛、视力变坏或是奇怪的噪音。警示症状到休克时的时间长度不等。

休克时可能会：

- 无法控制的身体动作，如身体僵硬、休克或面部抽搐
- 直瞪着眼
- 呼吸困难
- 流口水
- 大小便失禁
- 意识错乱

人在休克后会非常疲累和迷糊。请试着写下在休克时发生了什么事。包括日期、时间、持续时间以及确切发生的事。

休克的原因

为何会发生休克的原因并不总是为人所知。原因可能包括：

- 头部受伤
- 由于脑部的肿瘤、感染或出血而形成的压力

- High fevers
- Alcohol or drug abuse
- A problem you are born with
- Medicines

Your Care

Your doctor will try to find the cause of your seizures. Treatment may include medicine or surgery. Most seizures can be managed with medicine. Take the medicine as ordered. Wear a medical identification bracelet or pendant. People who have seizures may not be allowed to drive.

Talk to your doctor or nurse if you have any questions or concerns or for information about support groups.

- 高烧
- 酗酒或吸毒
- 先天病
- 药物

你的医疗

你的医生会试图找出你休克的原因。治疗可能包括药物或手术。大多数休克可用药物控制。请按医嘱服药。请戴一个医用身份手环或挂饰。患休克症的人可能不允许开车。

有任何疑问或关注事宜或要询问支持团体的信息，请告知你的医生或护士。

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