

# **TEE (Transesophageal Echocardiogram)**

TEE is a test that uses sound waves to show how the heart is working. The doctor guides a tube down the back of the throat and into the stomach. The end of the tube will be behind the heart. Pictures of the heart are taken.

An adult family member or friend needs to come with you to take you home after the test. It is not safe for you to drive or leave alone.

**Arrive on time for your test.** Plan on being here 1-2 hours. The test takes about 15-30 minutes.

## **To Prepare**

- Do not eat or drink anything, including water, after midnight before the test.
- Take your medicines with sips of water only.
- If you have a replacement heart valve, you will be given medicine before the test.
- Before the test, tell the staff:
  - About any medicines you are taking. Include all prescription and over-the-counter medicines, vitamins and herbs you use.
  - If you have any allergies.
  - About your health history and any surgeries you have had.
  - If you may be pregnant.

## **During the Test**

- You will wear a hospital gown.
- Remove your dentures.
- An IV (intravenous) is put in a vein in your arm. Medicine may be given through the IV to help you relax.
- You lie on your left side and may fall asleep.

# TEE (Transesophageal Echocardiogram)

TEE waa baaritaan isticmaala mowjado dhawaaq si loo muujiyo sida wadnuhu uu shaqaynayo. Takhtarka ayaa tubbada ku hagaya hunguriga dhinaciisa danbe iyo caloosha. Dhammaadka tubbadu waxay noqon doontaa wadnaha gadaashiisa. Sawirro ayaa wadnaha laga qaadayaa.

Xubin qof weyn ah oo qoyska ka tirsan ama saaxiib ayaa loo baahan yahay inuu kula yimaado si ay guriga kuugu kaxeeyaan baaritaanka ka dib. Ammaan kuuma ahan in aad baabuur waddo ama aad keligaa baxdo.

**Waqtiga ku imow marka lagu baarayo.** Qorsheyso in aad halkaan joogeysid ilaa 1-2 saacadood. Baaritaanku wuxuu qaadanayaa ilaa 15-30 daqiiqadood.

## Si aad isugu Diyaariso

- Waxna ha soo cunin hana soo cabin, marka lagu daro biyo, wixii ka danbeeya saqda dhexe ee habeenka baaritaanka ka horreeya.
- Daawooyinkaaga ku qaado oo keliya kabbashooyin biyo ah.
- Haddii aad halbowle wadne oo la beddelay aad leedahay, waxaa lagu siin doonaa daawo baaritaanka ka hor.
- Baaritaanka ka hor, shaqaalaha u sheeg:
  - Wixii ku saabsan daawooyinka qaadatid. Ku soo dar dhammaan daawooyinka lagu qoray iyo kuwa aad miiska ka soo iibsatid, fitamiinnada iyo daawo dhireedka aad isticmaashid.
  - Haddii ay jiraan wax aad ku xajiimootid.
  - Wax ku saabsan taariikhda caafimaadkaaga iyo qalliinnadii aad soo gashay.
  - Haddii laga yaabo in aad uur leedahay.

## Waqtiga Baaritaanka

- Waxaad xiran doontaa goonnada isbitaalka.
- Waxaad iska bixin doontaa ilkaha macmalka ah ee kugu jira.
- IV (xididgale) ayaa lagaa gelin doonaa xididka gacanta. Daawo ayaa laga yaabaa in IV-ga lagugu siiyo si ay kuugu caawiso in aad u kala baxdo.
- Waxaad u seexanaysaa dhinacaaga bidix waxaana laga yaabaa in aad hurdo la dhacdo.

TEE. Somali.

- You may be given oxygen through a small tube in your nose.
- Your heart rate, blood pressure, and breathing are checked often.
- Your throat is sprayed with a numbing medicine.
- As you swallow, the doctor guides the tube down the back of your throat. You may feel some pressure.
- The doctor moves the tube to view your heart from different angles.
- The sound waves show pictures of your heart on the screen.
- You may hear the sounds of the blood flowing through your heart.
- The tube is removed.
- Test results are sent to your doctor. Your doctor will share the results with you.

### **After the Test**

- Your heart rate and blood pressure are checked.
- Medicines given during the test will make you sleepy. You will need to have an adult family member or friend take you home for your safety.
- Do not eat or drink for at least 2 hours after the test.
- Do not drive or use power equipment the rest of the day.
- Do not drink alcohol the rest of the day.
- Your throat may be sore. Cold drinks or lozenges may help.
- Lie down if you feel lightheaded or dizzy.

Call your doctor **right away** if you have:

- Severe pain
- Shortness of breath
- Bleeding

**Talk to your doctor or nurse if you have any questions or concerns.**

- Waxaa laga yaabaa in ogsijiin tubbo yar oo sanko laga geliyo lagugu siiyo.
- Xaddiga garaaca wadnaha, cadaadiska dhiigga, iyo neefsashada ayaa badanaa laga hubinayaa.
- Hunguriga ayaa daawo kabuubiso ah lagaaga buufinayaa.
- Markaad wax liqdo, ayuu takhtarku tubbada hoos ugu hagi doonaa hunguriga gadaashiisa. Waxaad dareemi doontaa xoogaa cadaadis ah.
- Takhtarku wuxuu dhaqaajinayaa tubbada si uu wadnahaaga uga arko xaglo kala duwan.
- Mowjado dhawaaq ayaa shaashad ku muujinaya sawirrada wadnahaaga.
- Waxaa laga yaabaa in aad maqashid dhawaaqyada dhiigga wadnahaaga dhex maraya.
- Tubbada ayaa laga soo saarayaa.
- Natiijooyinka baaritaanka takhtarkaaga ayaa loo diri doonaa. Takhtarkaagu wuxuu kula wadaagi doonaa natiijooyinka.

### **Baaritaanka ka Dib**

- Waxaa la hubinayaa xaddiga garaaca wadnahaaga iyo cadaadiska dhiigga.
- Daawadii waqtigii baaritaanka lagu siiyey hurdo ayey ku galinaysaa. Waxaad u baahan doontaa qof weyn oo qoyska ka tirsan ama saaxiib inuu guriga kuu kaxeeyo iyadoo ammaan kuu ah.
- Waxna ha cunin hana cabbin ugu yaraan 2 saacadood baaritaanka ka dib.
- Baabuur ha wadin ama ha isticmaalin qalab koronto ku shaqeeya inta maalintaas ka hartay oo dhan.
- Aalkolo ha cabbin inta maalinta ka hartay.
- Hungurigu inuu ka xanuuno ayaa laga yaabaa. Cabitaanno qabow ama lozenges ayaa laga yaabaa iney ku caawiyaan.
- Seexo haddii aad dareento inaad lulmoonayso ama war-wareereyso.

**Isla markiiba** wac takhtarkaaga haddii aad isku aragtid:

- Xanuun daran
- Neeftu kugu gaabato
- Dhiigbax

**La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ama walaac ah qabtid.**

TEE. Somali

6/2005. Developed through a partnership of The Ohio State University Medical Center, Mount Carmel Health and OhioHealth, Columbus, Ohio. Available for use as a public service without copyright restrictions at [www.healthinfotranslations.com](http://www.healthinfotranslations.com).