

AFP (Alpha-Fetoprotein) Test

AFP is a test used to check for birth defects in your baby. AFP is a protein made by your baby during pregnancy. It passes into your blood. To test AFP levels, a blood sample is taken from you. If the AFP level is high or low, your baby may have a birth defect.

The test causes no harm to you or to your baby. It can only test for some birth defects. Talk to your doctor about having this test. You can choose to not have this test.

What do the test results mean?

If your due date has changed or you are carrying twins, your result may be high or low. If your AFP level is high or low, there will be more tests. These tests may include:

- A repeat of the AFP test
- A picture of your baby using sound waves called an ultrasound

AFP 検査

(アルファフェトプロテイン)

AFP 検査は、胎児に先天異常がないかどうかを検査するものです。AFP は、妊娠期間中の胎児が生成したたんぱく質です。それが妊婦の血液へと入り込みます。AFP レベルを検査する為、妊婦から血液サンプルを摂取する必要があります。AFP レベルが高い、または低い場合は、胎児に先天異常があることが考えられます。

検査が妊婦自身や胎児に影響を及ぼすことは全くありません。この検査は、幾つかの先天異常のみを検査することしかできません。検査については、医師にご相談下さい。また検査を受けないことも可能です。

検査結果が意味するものは？

予定日が変わった、または双子を妊娠している場合、結果は高くあるいは低く出る場合があります。AFP レベルが高いあるいは低い場合、より精密な検査を受けて頂きます。下記の検査を含んでいます。

- AFP の再検査
- 超音波と呼ばれる音波を利用して、赤ちゃんの画像を確認

- A test to check the fluid around your baby called amniocentesis
- Genetic counseling to review your test results

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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- 羊水検査と呼ばれる、胎児の周りにおける羊水を採取する検査
- 検査結果を話し合う遺伝カウンセリング

検査結果は、妊婦の担当医師に送付されます。医師はその結果を貴方に報告します。

質問または不安がある場合は、医師または看護師にご相談下さい。

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AFP (Alpha-Fetoprotein) Test. Japanese.