

AFP (Alpha-Fetoprotein) Test

AFP is a test used to check for birth defects in your baby. AFP is a protein made by your baby during pregnancy. It passes into your blood. To test AFP levels, a blood sample is taken from you. If the AFP level is high or low, your baby may have a birth defect.

The test causes no harm to you or to your baby. It can only test for some birth defects. Talk to your doctor about having this test. You can choose to not have this test.

What do the test results mean?

If your due date has changed or you are carrying twins, your result may be high or low. If your AFP level is high or low, there will be more tests. These tests may include:

- A repeat of the AFP test
- A picture of your baby using sound waves called an ultrasound
- A test to check the fluid around your baby called amniocentesis
- Genetic counseling to review your test results

AFP (알파 태아 단백질) 검사

AFP 검사는 태아에 대한 선천성 결손 검진입니다. AFP는 임신 중 태아가 만든 단백질입니다. 이 단백질은 산모의 혈액으로 들어갑니다. AFP 레벨을 검사하려면 산모로부터 혈액 샘플을 채취합니다. AFP 레벨이 너무나 높거나 낮으면 태아에게 선천적 결손이 있을 수 있습니다.

이 검사는 산모나 태아에게 전혀 해를 끼치지 않습니다. 이 검사를 통하여 일부 선천적 결손을 발견할 수 있습니다. 이 검사를 받을 필요가 있는지 의사와 상담하십시오. 원하시면 이 검사를 받지 않아도 됩니다.

이 검사의 결과는 무엇을 의미하는가?

분만 예상일이 변경되거나 쌍둥이를 임신했으면 결과가 높거나 낮을 수 있습니다. AFP 레벨이 높거나 낮으면 추가 검사를 받게 됩니다. 이러한 추가 검사에는 다음이 포함됩니다:

- AFP 검사를 재수행
- 초음파라고 부르는 음파를 이용하여 태아의 사진을 찍음
- 양수 천자라 불리는 태아 주변의 양수확인 검사
- 검사 결과를 갖고 유전적 관점에서 협의

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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의문사항이나 우려사항이 있으면 의사나 간호사에게 물어보십시오.

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