

# AFP (Alpha-Fetoprotein) Test

AFP is a test used to check for birth defects in your baby. AFP is a protein made by your baby during pregnancy. It passes into your blood. To test AFP levels, a blood sample is taken from you. If the AFP level is high or low, your baby may have a birth defect.

The test causes no harm to you or to your baby. It can only test for some birth defects. Talk to your doctor about having this test. You can choose to not have this test.

## What do the test results mean?

If your due date has changed or you are carrying twins, your result may be high or low. If your AFP level is high or low, there will be more tests. These tests may include:

- A repeat of the AFP test
- A picture of your baby using sound waves called an ultrasound
- A test to check the fluid around your baby called amniocentesis
- Genetic counseling to review your test results

Test results are sent to your doctor. Your doctor will share the results with you.

**Talk to your doctor or nurse if you have any questions or concerns.**

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# 甲胎蛋白(AFP)检测

甲胎蛋白(AFP)检测用于检查胎儿的先天缺陷。甲胎蛋白(AFP)是怀孕期间胎儿体内产生的一种蛋白质。它流经孕妇的血液。检测甲胎蛋白(AFP)水平时要抽血。甲胎蛋白(AFP)水平偏高或偏低，胎儿都可能有先天缺陷。

该检测对孕妇或胎儿无害。它只能检测出某些先天缺陷。和你的医生商量一下是否做该检测。你可以选择不做该检测。

## 检测结果有何意义？

如果你的预产期发生了变化或者怀的是双胞胎，检测结果可能会偏高或偏低。如果甲胎蛋白(AFP)水平偏高或偏低，你可能要做更多检测。其中包括：

- 重新做一次甲胎蛋白(AFP)检测
- 做胎儿超声波成像
- 做羊水穿刺术，检查包围胎儿的液体
- 做遗传咨询，审核检测结果

检测结果会送给你的医生。医生会把检测结果告诉你。

如果有任何问题或忧虑，你可以告诉医生或护士。

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