

# AFP (Alpha-Fetoprotein) Test

AFP is a test used to check for birth defects in your baby. AFP is a protein made by your baby during pregnancy. It passes into your blood. To test AFP levels, a blood sample is taken from you. If the AFP level is high or low, your baby may have a birth defect.

The test causes no harm to you or to your baby. It can only test for some birth defects. Talk to your doctor about having this test. You can choose to not have this test.

## What do the test results mean?

If your due date has changed or you are carrying twins, your result may be high or low. If your AFP level is high or low, there will be more tests. These tests may include:

- A repeat of the AFP test
- A picture of your baby using sound waves called an ultrasound
- A test to check the fluid around your baby called amniocentesis
- Genetic counseling to review your test results

Test results are sent to your doctor. Your doctor will share the results with you.

**Talk to your doctor or nurse if you have any questions or concerns.**

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# Baaritaanka AFP (Alpha-Fetoprotein)

Baaritaanka AFP waxaa loo isticmaalaa in lagu eego in uu cunuggaagu la dhalan-doono jirrooyin. AFP waa barootiin uu cunuggaagu sameeyo inta uurka uu ku jiro. Waxa u borotiinkaasi u gudbaa dhiiggaaga. Si loo eego heerka AFP, waxaa lagaa qaadayaa saami dhiig. Haddii uu sarreeyo ama hooseeyo heerka AFP, cunuggaagu waxaa laga yaabaa in uu dhalan doono tiyoo ay wax ka khaldan yihiin.

Baaritaanku adiga iyo cunuggaagaba uma geysto wax dhibaato ah. Waxaa uun lagu ogaan karaa qaar ka mid ah dhibaatooyinka ay carruurta ku dhalato. Takhtarkaaga kala hadal baaritaankaas in aad qaadato. Waxaad dooran karaysaa in aanan lagugu samayn baritaankan.

## Waa maxay micnaha natiijada baaritaanka?

Haddii uu is beddelay waqtigii ay ahayd in aad dhasho (due date) ama aad mataano sidde, natiijadaadu waxay noqon kartaa mid sarraysa ama hoosaysa, waxaa jiraya baaritanno kale.

Baaritaannadaa waxaa ka mid ahaan kara:

- Ku celin baaritaankii AFP
- Sawirid cunuggaaga iyadoo la isticmaalayo hirar jabaqeed la yiraahdo ultrasound
- In la baaro dareeraha (biyaha) cunuggaaga ku wareegsan ee la yiraahdo amniocentesis
- La talin dhinaca tafiirta ah si loo eego natiijooyinka baaritaankaaga

Natiijooyinka baaritaanka waxaa loo dirayaa takhtarkaaga.

Takhtarkaaga ayaa kaaga warramaya natiijooyinka.

**La hadal dhakhtarkaaga ama kalkaaliyahaaga haddii aad qabtid wax su'aalo ah ama walaacyo ah.**

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