

Amniocentesis

Amniocentesis is a test of amniotic fluid. This fluid is around your baby in your uterus. The doctor will remove a small sample of the fluid with a needle. This test checks your baby for birth defects.

There are some risks with this test:

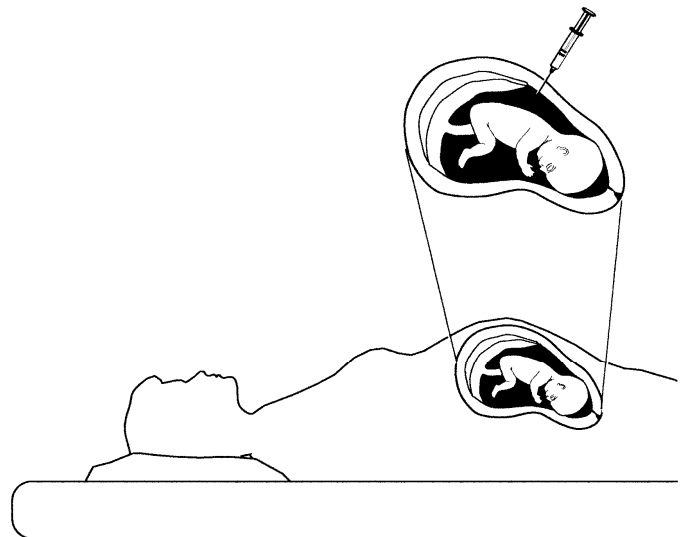
- A leak or infection of the amniotic fluid
- The needle touching the baby
- Early delivery
- Miscarriage

Talk to your doctor about these risks.

Arrive on time for your test. Plan on this test taking about 1 hour.

During the Test

- You will wear a hospital gown.
- You lie on your back with your stomach uncovered.
- Your stomach is washed.
- Your doctor uses ultrasound to see your baby and find safe pockets of amniotic fluid. An ultrasound is a picture of your baby using sound waves.
- Your doctor may numb the skin where the needle goes in. You may feel a sting.



Amniocentesis

La amniocentesis es un examen del líquido amniótico que se encuentra en el útero rodeando al bebé. El médico extraerá una pequeña muestra de este líquido con una aguja, con el fin de verificar si su bebé tiene defectos de nacimiento.

Existen algunos riesgos asociados con este examen:

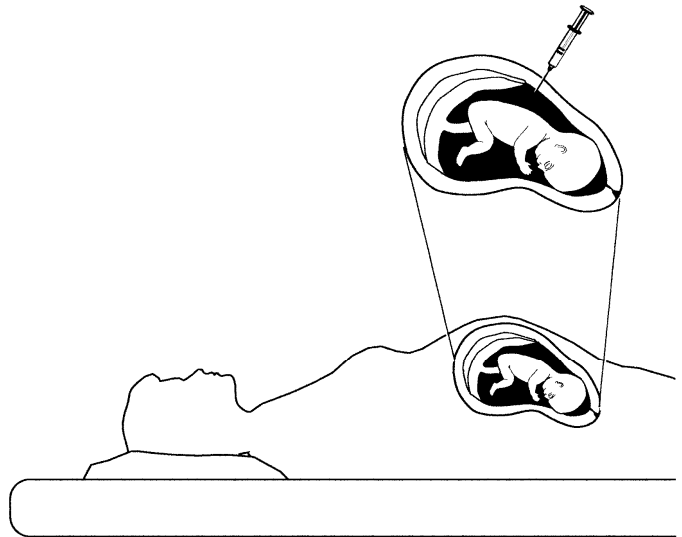
- Una pérdida o una infección del líquido amniótico
- Que la aguja toque al bebé
- Parto prematuro
- Aborto espontáneo

Hable con su médico sobre estos riesgos.

Llegue puntualmente a su examen. Disponga de aproximadamente una hora para este examen.

Durante el examen

- Usará una bata de hospital.
- Se recostará de espalda con su abdomen descubierto.
- Se le limpiará el abdomen.
- Su médico utilizará una ecografía para ver al bebé y buscará porciones seguras de líquido amniótico. Una ecografía es una imagen del bebé que se logra utilizando ondas sonoras.
- Es posible que su médico adormezca la zona donde insertará la aguja. Puede que sienta un pinchazo.



- When the needle enters the uterus, you may feel cramping.
- The doctor takes out a small sample of the fluid and removes the needle. The needle is in for less than 1 minute.
- A monitor is placed on your stomach for 15 to 30 minutes to check your baby's heartbeat.
- Your doctor will get your test results in about 2 weeks. Your doctor will share the results with you.

After the Test

- Rest at home today.
- Drink plenty of liquids.
- If you have cramping, lie on your left side.

Call your doctor **right away** if you have:

- Severe cramping
- Fluid leaking from the vagina
- Bleeding from the vagina
- Fever
- Your baby is less active
- Other concerns

Talk to your doctor or nurse if you have any questions or concerns.

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- Es posible que sienta calambres cuando la aguja entre al útero.
- El médico extraerá una pequeña muestra del líquido y retirará la aguja. La aguja estará adentro menos de 1 minuto.
- Se colocará un monitor en su estómago durante 15 a 30 minutos para controlar los latidos del bebé.
- Se enviarán los resultados del examen a su médico en 2 semanas aproximadamente. Su médico le comunicará los resultados.

Después del examen

- Descanse en casa hoy.
- Beba abundante líquido.
- Si siente calambres, recuéstese sobre su costado izquierdo.

Llame a su médico **de inmediato** si tiene:

- calambres fuertes;
- pérdida de líquido por la vagina;
- sangrado vaginal;
- fiebre;
- su bebé está menos activo;
- otros síntomas preocupantes.

Hable con su médico o enfermera si tiene alguna pregunta o duda.

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Amniocentesis. Spanish