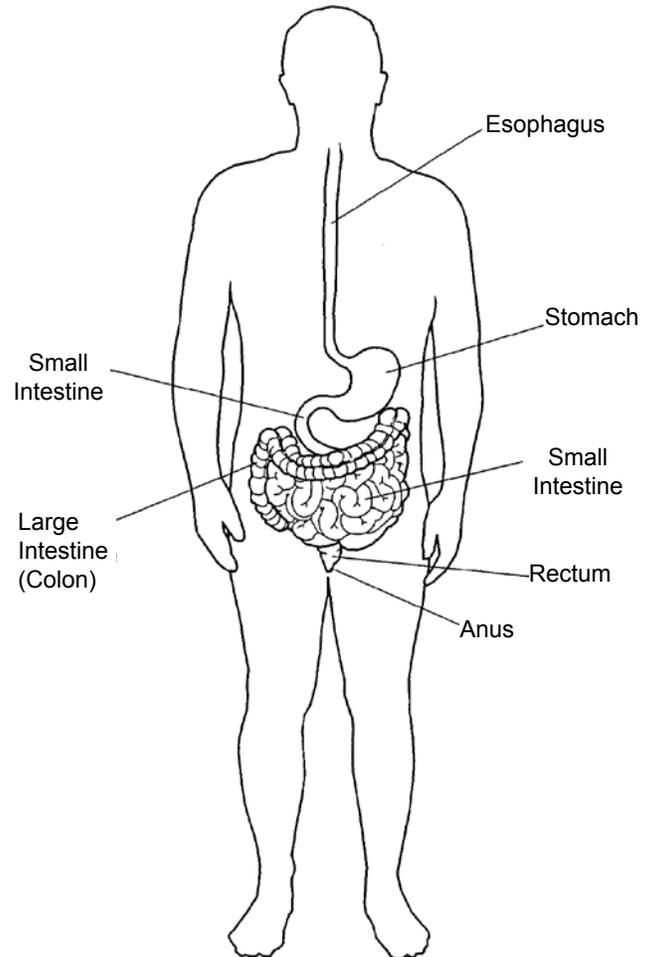


Barium Swallow

A barium swallow is an x-ray test that checks for problems in your throat, esophagus, stomach and small intestine. You drink white chalky liquid called barium to get pictures on x-rays.

If you are breastfeeding, pregnant, or think you might be, tell the staff before the x-rays are taken.

Arrive on time for your test. The test takes about 15 to 45 minutes. You may need to stay for up to 6 hours for more x-rays if your small intestine is being looked at.



To Prepare

- Do not eat or drink anything, including water, after midnight before the test.
- Do not smoke after midnight before the test.
- If you need to take your medicines the morning of the test, take them with sips of water only.

During the Test

- You will be given a hospital gown to wear and be told to remove all jewelry.

钡餐照影

钡餐是x光检查，查看您的咽喉、食道、胃和小肠有无问题。您喝下称为钡剂的白色粉末状液体去拍x光片。

如果您哺乳、已怀孕或认为您可能怀孕，请在x光检查前告知医务人员。

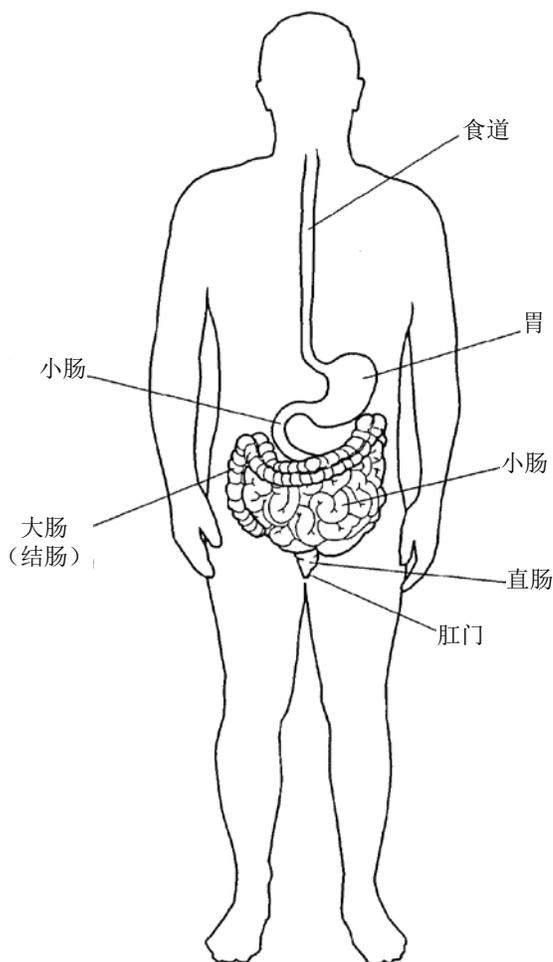
请准时到达以进行检查。 检查约需15至45分钟。如果要检查小肠，您可能需呆长达6个小时来照x光片。

准备工作

- 在检查前的午夜后不要吃喝任何东西，包括水。
- 在检查前的午夜后不要吸烟。
- 如果您在检查当日的早晨需服药，请喝小口水送服。

检查期间

- 要求您穿医院的袍子并摘除所有的首饰。



- You are given 1 or 2 barium drinks. The drink tastes chalky and may be flavored.
- X-rays are taken as the barium flows down your esophagus into your stomach. You may need to stand or lie on a table for the x-rays. The table is moved in many positions. As you move, the barium coats the inside of your stomach and intestines. More x-rays are taken as the barium moves through your body.
- If you are to have x-rays of your small intestine, it may take up to 6 hours to complete your test.

After the Test

- Your stool will be light colored for 2 to 3 days after the test.
- Drink 6 to 8 glasses of liquids after the test. This will help remove the barium from your body and keep you from being constipated.
- Test results are sent to your doctor. Your doctor will share the results with you.

Call your doctor if you have:

- Barium in your stool 3 days after the test
- Thin stool or notice a change in your bowel habits
- Stool that is not normal in 3 days
- Pain in your lower abdomen or stomach

- 会给您1或2杯钡剂饮料。饮料喝起来有粉末感，其中也可能添加了调味剂。
- 当钡剂从食道流入胃部时给您拍x光小口。拍摄时您可能需要站着或躺在一张台子上。台子将多次移动位置。当您移动时，钡剂将涂在您的肠胃内壁。钡剂在您体内流动时将拍摄更多的x光片。
- 如果对您的小肠拍x光片，完成您的检查可能需花 6个小时。

检查之后

- 检查之后您的大便将有2至3天颜色很淡。
- 请在检查后喝6至8杯液体。这会有助于排除您体内的钡剂并防止便秘。
- 检查结果将送交给您的医生。您的医生会将检查结果告诉您。

如有以下症状请给您的医生打电话：

- 检查3天之后大便中仍有钡剂
- 大便清稀或大便的习惯有改变
- 3天后大便不正常
- 下腹部或胃部疼痛

Call your doctor right away if you:

- Have trouble breathing
- Cannot stop vomiting
- See blood when you vomit or have blood in your stool

Talk to your doctor or nurse if you have any questions or concerns.

如有下列症状请立刻打电话给您的医生：

- 呼吸困难
- 呕吐不止
- 呕吐中有血或大便带血

若有任何问题或关注事宜，请告知您的医生或护士。

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Barium Swallow. Simplified Chinese.