

Biopsy

A biopsy is the removal of pieces of tissue, which are then sent to a lab for testing. A biopsy may be done during surgery to check for cancer or other problems. Any part of the body, such as the skin, an organ or a lump can be tested. An x-ray, CT scan or ultrasound may be done to locate the biopsy site. Your doctor will review the results of your biopsy with you at your next visit and talk to you about treatment if needed.

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are pregnant or think you might be, tell the staff before the test.

Arrive on time for your test. You may be told to arrive 30 minutes before your appointment time.

To Prepare

- Do not take aspirin or ibuprofen (Advil, Motrin) for one week before the biopsy.
- Check with your doctor about taking your medicines including prescription and over the counter medicines, herbals, vitamins and other supplements.

During the Test

- You will lie on a table and may wear a hospital gown.
- An x-ray, CT scan or ultrasound may be done to locate the biopsy site.
- The site is cleaned.

Biyobsi (Biopsy)

Biyobsi waa marka in yar laga gooyo xubin si shaybaadh loo geeyo, oo loo baadho. Biyobsi waxa la sameyn karaa inta lagu jiro qalitaanka si loo baadho kaansar ama dhibaatooyin kale. Qayb kasta oo jidhka ah waa la baadhi karaa, sida haragga, xubin amase cuf. Sawir X-ray amase iskaan baa lagu ogaadaa halka la doonayo in lagu sameeyo Biyobsi. Waxana la samayn karaa mar qalliin la wado. Dhakhtarkaagu wuxuu eegi doonaa natiijooyinka, oo kaala hadli doonaa, marka labaad ee uu kusoo booqdo, kuuna sheegi doonaa nooca daawaynta ah ee aad u baahnaan karto.

Haddii aad leedahay ellerji ama xasaasiyad ood diiddo dawooyinka qaarkood, ama cuntada, amase wax kaleba, u sheeg dhakhtarkaaga baadhitaanka ka hor.

Haddii aad uur leedahay amase aad ka shakisan tahay, u sheeg dhakhtarkaaga baadhitaanka ka hor.

Kaalay xilligii lagu ballamiyey. Waxa lagu odhan karaa kaalay 30 daqiiqo ka hor xilliga ballanta.

Isu diyaarinta

- Ha cunin asbiriin amase ibuprofen (Advil, Motrin) toddobaad ka hor marka lagaa qaadayo biyobsi.
- Kala tasho dhakhtarkaaga dawooyinka lagu qorey ee aad qaadan karto.

Inta uu socdo baadhitaanku

- Waxa lagugu jiifin doonaa miis, waxana laga yaabaa in lagu xidho dharka dhakhtarka.
- Waxa lagugu baadhi karaa raajo ama iskaan amase ultra-sound ah si loo ogaado halka lagaa goynaya.
- Waa la nadiifinayaa meesha.

Biopsy. Somali.

- Numbing medicine is put into the skin. This may sting.
- When the site is numb, a small needle is put into the area to be tested. Tissues and cells are removed. In some cases a small incision is made so that tissue or a lump can be removed and tested.
- If you feel any discomfort, tell the doctor.
- Pressure is applied, then a bandage. If an incision was made, you may have stitches.

After the Test

- You may have bruising, discomfort or swelling at the biopsy site.
- If needed, use over the counter pain medicine that does not contain aspirin.
- Apply an ice pack to the site as needed for the first 24 hours to reduce swelling and bruising. Do not apply ice directly to the skin. Wrap the ice pack in a pillowcase or towel. Apply the ice for 15 minutes every hour.
- Avoid strenuous activity and lifting over 5 pounds for 24 hours. You may resume normal activities unless otherwise instructed.
- Test results are sent to your doctor. Your doctor will share the results with you.

- Dawo suuxdimeed ayaa la mariyaa meesha la goynayo. Xanuun baad dareemi kartaa.
- Marka la suuxiyo meesha, waxa lagu mudaa irbad yar si loo tijaabiyo. Unugyo yaryar baa markaas laga soo gooyaa. Marmarka qaarkood inyar baa lagaa jeexi karaa.
- Haddii aad dareento wax dhibaata ah u sheeg dhakhtarka.
- Waa la cadaadiyaa markaana lagu duubaa faasjad. Haddii markaa lagu jeexay, waxa lagu sameeyaa tolmo.

Baadhitaanka ka dib

- Waxa laga yaabaa inaad bararto ama xanuunsato oo ay damqato halkii lagaa qalay.
- Haddaad u baahato waxad adeegsan doontaa dawooyinka xanuun illowsiinta, kuwaasoo aanay ku jirin asbiriin.
- Dul saar baraf meesha lagaa qalay, haddii aad u baahato 24-ka saacadood ee ugu horeeya, si uu uga dhaco bararka iyo damqashadu. Barafka maqaarka toos ha ugu qaban. Xidhmada barafka ku duub gal barkimo ama tuwaal/shukummaan. Ku hay barafka 15 daqiiqadood saacad kasta.
- Iska ilaali 24ka saacadood ee hore dhaqaaq badan iyo inaad sare u qaaddo wax ka culus 5 rodol. Haddii aan si kale lagu tilmaamin, markaa wixii ka danbeeya noloshaadii caadiga ahayd baad ku dhaqmi.
- Maxsuulka baadhitaanka waxa loo dirayaa dhakhtarkaaga. Dhakhtarkaagaana kuu sheegi doona wixii ka soo baxay.

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Call your doctor if you have:

- Bleeding, drainage, increased swelling, redness or warmth at the site
- Pain not relieved by over the counter pain medicine

Talk to the staff if you have any questions or concerns.

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La hadal dhakhtarkaaga haddii aad leedahay:

- Dhiigbax, dheecaan, barar kordhayaiyo xanuun badan oo ka imanaya meeshii lagaa qalay
- Xanuun ay kaa joojin waayeen dawada xanuun illowsiintu

La hadal shaqaalaha haddii aad wax su'aal ah hayso, ama wax ka werwersan tahay.

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