

Boils

Boils are painful bumps that are filled with pus. Boils form under the skin when germs called bacteria infect a hair follicle where a hair forms. Boils may occur anywhere on the body, but are most often found on the face, neck, armpits, buttocks and thighs. A boil often takes about 14 days to heal.

Signs of Boils

A bump or open sore that:

- Grows quickly, often within 24 hours
- Is red, yellow or white at the tip
- Has drainage or pus as the boil breaks open
- Swells
- Is warm
- Is tender or painful

Your Care

- Keep your skin clean.
- Do not pick or squeeze the boil. Bacteria can spread to nearby skin and cause the infection to spread.
- Apply a clean, warm, wet washcloth to the area several times a day to aid healing and reduce swelling.

Kasoo-bax

Kasoo-baxu waa finan xanuun badan oo ay ka buuxsanto malaxi. Finankaasi waxay ku samaysmaan dubka/maqaarka/haragga hoostiisa marka jeermi la yidhaahdo bakteeriya ay bukaysiiso halka ay kasoo baxaan timuhu. Waa gunta tinta. Finanka kasoo-baxa waxay ku samaysmi karaan meel kasta oo jidhka ah, waxaase inta badan lagu arkaa wajiga, luqunta, kilinkillooyinka, salalka badhida iyo laabatooyinka jilbaha. Finka kasoo-baxa wuxuu ku dhammaadaa 14 cisho qiyaastii si uu u bogsado.

Calaamadaha Kasoo-baxa

Finan amase godad yaryar oo malax leh, kawaasoo:

- Si dhaqso leh ayay u koraan, sida caadiga ah 24 saacadood gudohood
- Waa casaan, huruud amase cidhifka sare ka cad
- Waxa ka soo baxa dheecaan ama malax marka uu finku bururo
- Way barartaa
- Way diirran tahay
- Xanuun bay leedahay

Waxaad ku dawaynaysaa

- Maqaarkaaga oo aad nadiifiso.
- Ha daloolin finka hana tuujin. Bakteeriyadu way kusoo fidi kartaa jidhka u dhow finkan, oo keeni kartaa in caabuqu fido.
- Ku masax mara diiran oo nadiif ah dhowr jeer maalintii, kuna dawee si uu bararku uga dhaco.

Call your doctor if you have:

- A very painful or large boil
- A fever
- New boils
- Red lines coming out from a boil. This may be a sign that the infection has entered your blood stream.
- A boil that does not improve by day 10
- A boil that has not healed in 14 days

Talk to your doctor or nurse if you have any questions or concerns.

La hadal dhakhtarkaaga haddii aad isku aragto:

- Fin ama ka-soo-bax xanuun badan ama weyn
- Xummad
- Finan cusub
- Liidad cascas oo kasoo baxayay finanka. Taas macneheedu waxay noqon kartaa in cudurku gaadhay dhiiggaaga.
- Fin aanad ka fiicnaan maalinta 10-aad
- Fin aan ku bogsan 14 maalmood gudohood.

La hadal dhakhtarkaaga ama kalkaaliso caafimaad haddaad wax su'aalo ah ka hayso ama wax werwer ah qabto.

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Boils. Somali.