Bombing or Explosion Emergencies

A bombing or an explosion can occur in any place. Bombs are used to cause fear and harm.

Plan ahead to help limit the effects of a bombing:
• Know your work, school and community disaster plans.
• Have a plan for getting out of the area and contacting family.
• Know of different places to receive medical care.

If you suspect someone is going to set off a bomb or a bomb is nearby:
• Leave the area right away.
• Consider personal safety at all times.
  ‣ Follow your work, school, community and family disaster plans for leaving the building and the area.
  ‣ Help others who are hurt or need help leaving the area.
  ‣ Stay away from damaged buildings to avoid falling debris.
• Call 911 after you have safely left the area if police, fire and emergency squads have not arrived.
• Go to a hospital or clinic away from the event, if you need medical care, but your injuries are not serious.
• Follow directions from state and local officials.
• Be alert for additional threats.
Seek medical care right away if you have:

- A head injury
- Broken bones
- Burns
- Bleeding that you cannot stop
- Eye injuries
- Trouble breathing
- Trouble walking or using an arm or leg
- Stomach, back or chest pain
- Vomiting or diarrhea

Less Serious Injuries

After a disaster, hospital and doctor offices are very busy treating life threatening injuries. Serious injuries are treated first and then minor injuries are treated. If your injuries are not serious, go to a clinic or hospital farther away from the event. This may take more travel time but you will get faster care. Less serious injuries may include:

- A cough
- A rash or burning skin
- An injury to a joint such as the ankle, wrist or shoulder
- Hearing problems
- Injuries that:
  ‣ Become more painful
  ‣ Have redness
  ‣ Have swelling
  ‣ Do not improve after 48 hours

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Limited Information

After a disaster, hospital staff often cannot answer the phones and track each person they are treating. They may not be able to provide information right away about loved ones. Having a communication plan and telephone numbers for your family will help you locate family members during a disaster. An out of town contact may be the best contact person during an emergency since a local contact may also be involved in the event or local phone services may not be working. The American Red Cross can also help you locate a missing loved one during a disaster.

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አደጋ ከደረሰ በኋላ ሆስፒታሎች ማከም እና ተካሚዎቻቸውን አንድ በአንድ የሉበትን መለየት እያስጣን። ስለ ቤተሰብዎ የሚጠይቁትን መረጃዎችን በፍጥነት ላያቀርቡ ይችላሉ። አስቀድሞ ወጤኝነት እቅድ ማዘጋጀት እና የቤተሰብ አባላት ቁጥር መዝግቦ መያዝ በአደጋ ጊዜ ያለ ሰው በአደጋ ጊዜ የት እንደሚገኙ ለማወቅ ይችላል። እርሶ ከሚኖሩበት ከተማ ውስጥ ያለ ሰው በአደጋ ጊዜ የኢሜሪካ ቀይ መስቀል ላይሰራ ይችላል። በአደጋ ጊዜ የአሜሪካ ቀይ ቀይ የት እንደሚገኙ ይችላል።

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