Bone marrow is the soft tissue inside your bones where blood cells are made. During a bone marrow biopsy, a small tissue sample is taken and sent for tests. The biopsy is often taken from your hipbone in your lower back.

A bone marrow biopsy is done to:
• Check for blood diseases
• Check for blood or bone cancer
• See how a treatment is working
• Check for infection

Arrive on time for your test. The test takes about 30 minutes. Plan to be here about 1 to 2 hours.

To Prepare
• Before the test, the staff may ask you about:
  › Your medicines including prescription and over the counter medicines, herbals, vitamins and other supplements
  › Allergies such as to medicines, foods or latex
  › Other health conditions and past surgeries
• If you are pregnant, or think you may be pregnant, tell the staff before the test.

During the Test
• You will wear a hospital gown.
• You may be given a sedative or pain medicine.
• You lie on your side or on your stomach.

Bone marrow 是骨頭內的軟組織，是血細胞形成的地方。骨髓切片檢查期間，我們會取走小片組織樣本，送去測試。骨髓多由下背部分髖骨抽取。

骨髓切片檢查能夠：
• 檢查血液疾病
• 檢查血癌或骨癌
• 檢查療程成效
• 檢查感染跡象

準時抵達進行測試。測試需時約三十分鐘。全程約需一到兩小時。

事前準備
• 測試前，職員可能會問您：
  › 用藥情況，包括處方藥、非處方藥、草藥、維生素和其他補充劑
  › 過敏情況，如藥物、食物或乳膠敏感
  › 其他健康狀況和過往手術紀錄
• 如您現正懷孕，或懷疑自己懷孕，請於測試前告知職員。

測試期間
• 您要穿上手術袍。
• 您可能要服用鎮靜劑或止痛藥。
• 您需側躺或俯臥。
• The doctor injects the site with numbing medicine. This may sting.
• When the site is numb, the doctor puts a needle through the skin into the bone. You will feel some pressure and may feel some pain. This often lasts only a few seconds.
• The doctor will remove a small tissue sample and the needle is taken out. A bandage is put on the site.

After the Test
• You will need to lie on your back for 15 to 20 minutes.
• The nurse will check the bandage for any signs of bleeding.
• You may have some bruising or mild discomfort.
• You can remove the bandage the day after your biopsy.
• Test results are sent to your doctor. Your doctor will share the results with you.

Call your doctor right away if you have:
• Pain going down your leg
• Bleeding where the biopsy was taken
• A fever over 100.4 degrees F or 38 degrees C

Talk to your doctor or nurse if you have any questions or concerns

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Bone Marrow Biopsy. Traditional Chinese.