

# Bone Scan

A bone scan is a test that uses a very small amount of radioactive contrast. This medicine lets your doctor see your bones better than he or she would be able to on x-ray.

This test has two parts. **Arrive on time for each part of the test.** Arrive for the first part of the test at \_\_\_\_\_ am / pm on \_\_\_\_\_. Staff will tell you when to come back to the testing area for the second part of the test.

**If you have any allergies to medicines, foods or other things,** tell the staff before the test.

**If you are breastfeeding, pregnant or think you might be,** tell the staff before the test.

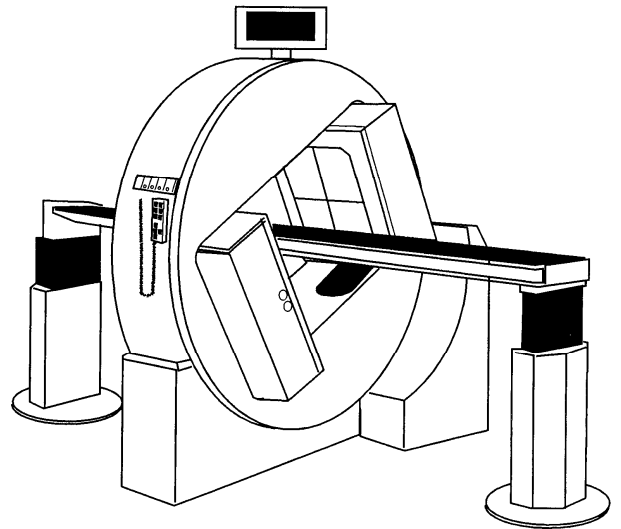
## During the Test

### Part One:

An IV (intravenous) is put in a vein in your arm. The contrast is put into your IV. One or two scans may be done. Lie flat and hold still as each scan is done.

### Part Two:

About 3 hours later, you will have a scan of your whole body. You lie on a table during the scan. This takes about 1 hour.



# 骨スキャン

骨スキャンは、非常に少量の放射線染料を使用して骨を調べる検査です。この染料により、医師はレントゲンを使用する場合よりもはっきりと骨を観察することができます。

この検査は2回にわたって実施します。予約は2回必要です。

検査時間に遅れないでください。1回目の検査には、\_\_\_\_\_日の午前/午後\_\_\_\_\_時までに来院してください。2回目の検査時間については職員がお知らせします。

薬、食物などのアレルギーを起こしたことがある場合は、検査の前に職員に申し出てください。

妊娠中の方や授乳中の方、または妊娠していると思われる方は、検査前に職員に申し出てください。

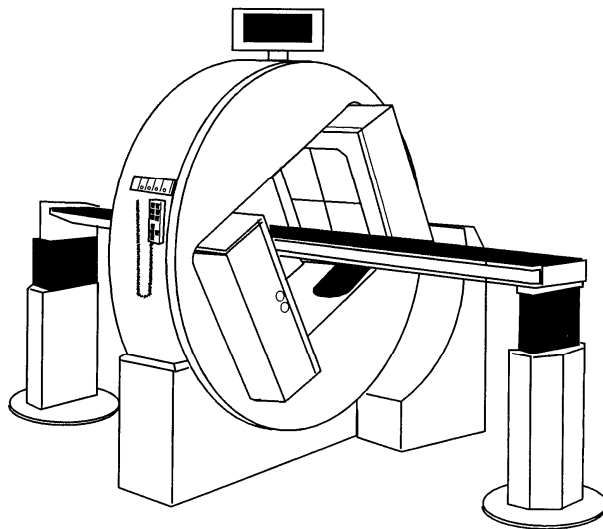
## 検査中

### 第1回

IV (点滴) を腕の血管に入れます。点滴で造影剤を静脈に入れます。スキャンは1回か2回、行われます。スキャンの間は、横になって動かないようにしてください。

### 第2回

3時間後に体全体のスキャンを行います。スキャン中はテーブルの上に横になります。検査には1時間ほどかかります。



## **After the Test**

- Drink plenty of liquids the day of the test. This helps your body get rid of the contrast.
- Test results are sent to your doctor. Your doctor will share the results with you.

**Talk to your doctor or nurse if you have any questions or concerns.**

2005 – 5/2010 Health Information Translations

Unless otherwise stated, user may print or download information from [www.healthinfotranslations.org](http://www.healthinfotranslations.org) for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

## 検査後

- 検査当日は造影剤を体外に排出するために十分に水分をとってください。
- 検査結果は主治医に渡されます。医師から結果の説明を受けます。

質問や不明な事項については、主治医または看護師にご相談ください。

2005 – 5/2010 Health Information Translations

Unless otherwise stated, user may print or download information from [www.healthinfotranslations.org](http://www.healthinfotranslations.org) for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

Bone Scan. Japanese.