Bone Scan

A bone scan is a test that uses a very small amount of radioactive contrast. This medicine lets your doctor see your bones better than he or she would be able to on x-ray.

This test has two parts. **Arrive on time for each part of the test.** Arrive for the first part of the test at _____ am / pm on __________________. Staff will tell you when to come back to the testing area for the second part of the test.

** If you have any allergies to medicines, foods or other things, ** tell the staff before the test.

** If you are breastfeeding, pregnant or think you might be, ** tell the staff before the test.

**During the Test**

**Part One:**

An IV (intravenous) is put in a vein in your arm. The contrast is put into your IV. One or two scans may be done. Lie flat and hold still as each scan is done.

**Part Two:**

About 3 hours later, you will have a scan of your whole body. You lie on a table during the scan. This takes about 1 hour.
骨扫描

骨扫描是使用很少量的放射性对比剂进行的测试。通过使用放射性对比剂，医生可以更清晰地观察您的骨头，效果好于 X 射线检查。

此测试有两部分。每一部分的测试都请准时到达。请在______日上午/下午____点前来接受第一部分测试。工作人员会告诉您什么时候回测试区接受第二部分的测试。

如果您对药物、食物或其他东西有任何过敏，请在测试前告知医疗人员。

如果您哺乳、已怀孕或认为您可能会怀孕，请在测试前告知工作人员。

测试期间

第一部分:
在您手臂的静脉中作 IV (静脉注射)。对比剂放于 IV 中。可能要做一次或两次扫描。做每一部分扫描时请平躺并保持不动。

第二部分:
大约 3 小时之后，您要做全身扫描。扫描期间您躺在一张台子上。这约需 1 个小时。
After the Test

- Drink plenty of liquids the day of the test. This helps your body get rid of the contrast.
- Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.
测试之后

- 测试当天喝大量液体，这有助于将对比剂排出体外。
- 测试结果会送给您的医生。您的医生会告知您结果。

如有任何疑问或关注事宜，请告知您的医生或护士。