

Bronchoscopy

A bronchoscopy is a test to look at your airways and lungs. A small tube is put through your nose or mouth into your lungs. This test is used to check for lung disease or to remove mucous. A small piece of tissue may be removed and studied in the lab. This is called a biopsy.

An adult family member or friend needs to come with you to take you home after the test. It is not safe for you to drive or return home alone.

Arrive on time for your test. Plan on this test taking about 2 hours.

To Prepare

- Do not eat or drink anything, including water, after midnight before the test.
- If you are to take your medicines the morning of the test, take them with sips of water only.

During the Test

- You will wear a hospital gown.
- You sit in a chair or lie on a table during the test.

気管支鏡検査

気管支鏡検査は、気道と肺を調べるものです。小さな管を鼻腔または口を通して肺へ入れます。この検査は、肺の病気を調べたり、粘液を除去するために行います。小さな組織片を採取して実験室で検査する場合があります。これは生検と呼ばれるものです。

検査の後で自宅まで送っていただける方（家族の中で成人の方またはお知り合い）を同伴してください。車を運転したり、ひとりで帰宅することは安全ではありません。

検査時間に遅れないでください。 この検査のために 2 時間ほど時間を空けておいてください。

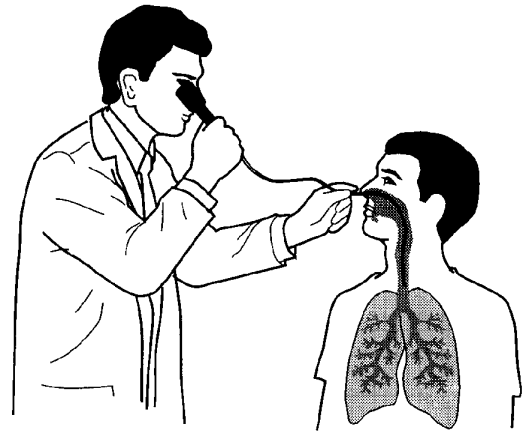
準備

- 検査前は夜中を過ぎたら水も含めて一切の飲食を控えてください。
- 検査当日の朝に薬を服用する場合、少量の水で飲んでください。

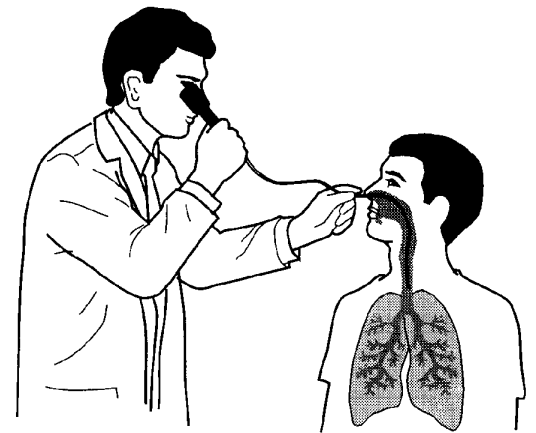
検査中

- 病院のガウンを着用します。
- 検査時には、椅子に座っていただくか、横になっていただきます。

- An IV (intravenous) is put in a vein in your arm.
- You may be given some medicine to help you relax.
- Small pads are put on your chest to check your heart. For men, chest hair may need to be shaved.
- A blood pressure cuff is put on your arm. Your blood pressure and heart rate are checked often.
- A clip is put on your finger to check your oxygen level.
- You may be given oxygen to breathe during the test.
- Your mouth and nose are sprayed with numbing medicine.
- The doctor puts the tube into your nose or mouth. You may feel the tube in your throat or the need to cough. You will be able to swallow and breathe.
- Your doctor will be talking to you, but you should not talk during the test. This helps keep you from having a sore throat.
- The doctor removes mucous and a tissue sample if needed.
- The tube is then removed.



- IV（点滴）を腕の血管に入れます。
- リラックスするための薬を使用する場合があります。
- 心臓のチェックを行うために、胸に小さなパッドを取り付けます。男性は胸毛を剃毛する必要がある場合があります。
- 血圧測定カフを腕に取り付けます。血圧と心拍数の測定はたびたび行います。
- 酸素レベルをチェックするクリップを指先に付けます。
- 検査中に酸素吸引を行います。
- 口と鼻の中に麻酔薬をスプレーします。
- 医師が鼻または口の中に管を挿入します。管が喉を通るのが感じられるか、または咳を催すような感じがします。飲み込むこと、息をすることはできません。
- 医師から話しかけられますが、検査中は声を出さないようにしてください。喉の痛みを起さないためです。
- 必要に応じて、粘液と組織が採取されます。
- 次に管が除去されます。



After the Test

- The nurse will check you often for about 1 hour after the test.
- Medicines given during the test will make you sleepy. You will need to have an adult family member or friend take you home for your safety.
- In about 2 hours, the numbing medicine wears off and you will be able to eat and drink.
- You may have a sore nose or throat, a hoarse voice or a cough. It is normal to cough up a small amount of blood.
- Test results are sent to your doctor. Your doctor will share the results with you.

Call your doctor if you have:

- A fever over 100.5 degrees F or 38 degrees C
- Other concerns

Call 911 right away if you:

- Have trouble breathing
- Have chest pain
- Are coughing up large amounts of blood

検査後

- 検査後 1 間経過すると看護師がたびたびチェックを行います。
- 検査時に投与した薬には催眠作用があります。帰宅する際には、安全のため、家族の中で成人の方またはお知り合いに送っていただいでください。
- 約 2 間で麻酔の効果が切れるので、飲食できるようになります。
- 鼻や喉の痛み、咳声や咳がでる場合があります。咳と共に少量の咳血が出る場合がありますが、これは正常です。
- 検査結果は医師に渡されます。医師から結果の説明を受けま。

以下の症状が現れた場合は医師に連絡してください：

- 38 度（華氏 100.5 度）以上の熱が出た場合
- その他の注意

以下の症状が出た場合は、直ちに緊急連絡をしてください。

- 呼吸困難
- 胸痛
- 多量の咳血

Talk to your doctor or nurse if you have questions or concerns.

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質問や不明な事項については、医師または看護師に相談してください。

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Bronchoscopy. Japanese.