A chemical emergency occurs when toxic chemicals are released into the air, put in food or released in water during an accident or attack. The chemicals may be gases, liquids or solids. The chemicals may be harmful to people and the environment. Chemicals may harm people if they are breathed in, absorbed through the skin or swallowed.

Watch for signs of a chemical emergency such as:

- Watery eyes
- Shortness of breath or choking
- Problems with movement or walking
- Confused thoughts
- Twitching movements
- Burning skin

An increase in sick or dead birds, fish or small animals may be another sign of a chemical emergency.

During a Chemical Emergency

Listen for reports on the television, radio, social media or Internet.

- Local or state officials will let you know what signs to look for.
- Officials will tell you whether to stay inside or leave your home.
- If you are told to stay inside:
  - Turn off all furnaces, air conditioners and fans.
  - Close vents.
  - Close and lock all doors and windows.

An increase in sick or dead birds, fish or small animals may be another sign of a chemical emergency.
If you feel sick, call your doctor right away or go to the hospital.

If you see a chemical release:
- Leave the area right away.
- Cover your nose and mouth with fabric to filter the air but still allow breathing.
- Find shelter.
  - If the chemical is in a building, leave the building without passing through the chemical. If you cannot leave the building, move as far away as you can from the chemical.
  - If you are outside, find the fastest way to get away from the chemical. If you can tell which way the wind is blowing, move in the opposite direction or upwind. If you cannot stay upwind or get away from the chemical, go inside a building.
- Call the police if they are not aware of the chemical emergency.

If you have gotten some chemical on you or you think you may have gotten some chemical on you:
- Take off your clothes and put them in a plastic bag. Seal the bag tightly.
- Take a shower or wash your skin and hair well with soap and water. Do not scrub the chemical into your skin. If outside, look for a hose or any source of water.
- Put on clean clothes.
- Seek medical care if you have signs of a chemical emergency.

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Tapai बिरामी महसुस गरुङ्छ भने तुरुङ्गे आफ्ना डॉक्टरलाई फोन गरनुहोस् वा अस्पताल जानुहोस्।

Tapai ते रसायनिक चुरावट देखानुहोस् भनेका:
- त्यो ठाउँबाट तुरुङ्गे निकस्नुहोस्।
- तपाईले आफ्नो मुख र नाकलाई हावा फिल्टर गर्ने लुगालो छोप्पुहोस् तर सास फेर्न सकिनेगरी बाँध्नुहोस्।
- आल लागुँगे ठाउँ खोज्नुहोस्।
  - रसायन भवनभित्र छ भने रसायनरहत नगरकोन भवनबाट बाहिर निकस्नुहोस्।
  - भवनबाट निम्नलिखित सक्नुहुन्छ भने रसायनबाट जति ठाँका जान सक्नुहुन्छ जानौहोस्।
  - तपाई बाहिर हुन्छ भने रसायनबाट ठाँका जानको रागिस सबैभन्दा तेनीले जान सकिनेगरी बाटो पहिल्याँउनुहोस्।
  - हावा कतावितर बाँदामै भन्दै क्षता पत्तो लागान सक्नुहुन्छ भने हावाको भित्रमा विनिर्मित दिशामा अथवा उल्टोपत्तिर वौटुनुहोस्।
  - तर तपाई बाहानौ हावाद्वारा विनिर्मित दिशामा नहुन्छ जान सक्नुहुन्छ वा रसायनबाट ठाका जान सक्नुहुन्छ भने भवनभित्र पत्तुहोस्।
- प्रहरीलाई रसायनिक आपकालीन स्थितिवर्गीय वा फ्याबिलिड वा स्थितिवर्गीय छैन भने प्रहरीलाई कल गर्नुहोस्।

Tapaima छेतहरु परेको छ वा केही रसायन परेको हुन सक्छ भनी सोच्नुहुन्छ भनेका:
- आफ्ना लुगाहरु फुकाल्लुहोस् र निम्नलिखित प्यासिस्टको बागामा राख्नुहोस्। बागालाई रामप्री बन्द गर्नुहोस्।
- नुहाँउनुहोस् वा आफ्ना चाला र केशालाई साबुन र पानिले राख्नर पखाल्लुहोस्। गाड्सर रसायनलाई आफ्नो चालालाई नपार्नुहोस्। बाहिर हुन्छ भने पानिको पाप्र वा पानिको वा सोच्नुहोस्।
- सफ्फा लुगाहरु लगाउनुहोस्।
- तपाईमा रसायनिक आपकालीन स्थितिका लक्षणहरु छन् भने चिकित्सा सेवा हासिल गर्नुहोस्।
If certain chemicals get on people, officials may have them go through decontamination. This involves removing clothes and showering to wash the chemicals from the skin. This may be done in a portable shower unit.

मानिसहरूमाथिकेही रसायनहरू पहेल भने अधिकारीहरूले उनीहरूलाई शुद्धीकरण प्रक्रियामा लेजान्छन्। यसमा उनीहरूका लुगाहरू फुकाल्लु र छालाबाट रसायनहरू पखाल्का लागि नुहाउँदैन कुराहरू सामेल हुन्छन्। उनीहरूले यो प्रक्रिया सचल नुहाउने युनिटहरूमा गर्दछन्।