

Chest X-ray

A chest x-ray is a picture of your chest that shows your lungs, heart, and bones. This test is quick and painless.

If you are pregnant, or think you might be, tell the staff before the test.

Arrive on time for your test. The test takes about 15 minutes. Plan to be here about 30 minutes.

During the Test

- You will need to remove clothing with metal in it, such as a bra or shirts with snaps or zippers. You may be asked to wear a hospital gown.
- Two x-rays are taken. You will be told to take a deep breath and hold it when the x-rays are taken.
 - For the first x-ray, stand facing the x-ray board. Your arms are moved forward to move your shoulder blades apart.
 - For the second x-ray, stand with your left side against the x-ray board with both arms raised above your head.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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X 光胸透

X 光胸透是胸部照影，显示你的肺、心脏和骨头。此测试快捷无痛。

如果你已怀孕或认为你可能会怀孕，请在测试之前告知医疗人员。

请准时到达作测试。测试约需 15 分钟。请计划在此呆约 30 分钟。

测试过程中

- 需要你脱掉带金属的衣服，如带摁扣或拉链的胸罩或衬衣。可能会要求你穿医院的袍子。
- 要拍两张 x 光片。拍 x 光片时，你会被告知作深呼吸及屏住呼吸。
 - 拍第一张 x 光片时，请站着面对 x 光板。将你的双臂移到前面以分开你的肩胛骨。
 - 拍第二张 x 光片时，站着以身体左侧对住 x 光板，将双臂抬起高过头。

测试结果会送给你的医生。你的医生会告知你结果。

如有任何疑问或关注事宜，请告知你的医生或护士。

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