

Chest X-ray

A chest x-ray is a picture of your chest that shows your lungs, heart and bones. This test is quick and painless.

If you are pregnant, or think you might be, tell the staff before the test.

Arrive on time for your test. The test takes about 15 minutes. Plan to be here about 30 minutes.

During the Test

- You will need to remove clothing with metal in it, such as a bra or shirts with snaps or zippers. You may be asked to wear a hospital gown.
- Two x-rays are taken. You will be told to take a deep breath and hold it when the x-rays are taken.
 - ▶ For the first x-ray, stand facing the x-ray board. Your arms are moved forward to move your shoulder blades apart.
 - ▶ For the second x-ray, stand with your left side against the x-ray board with both arms raised above your head.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

5/2009. Developed through a partnership of The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth, Columbus, Ohio. Available for use as a public service without copyright restrictions at www.healthinfotranslations.org.

Unless otherwise stated, user may print or download information from this website for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

Raajada Feedhaha

Raajada feedhuhu waa sawirka feedhahaaga kaasoo muujinaya sanbabadaada, wadnaha, iyo lafaha. Baaritaankaan waa mid deg-deg ah oo aan xanuun lahayn.

Haddii aad uur leedahay, ama aad u malaynaysid in laga yaabo, u sheeg shaqaalaha baaritaanka ka hor.

Waqtiga lagu qabtay ku imow marka lagu baarayo. Baaritaanku wuxuu qaadanayaa ilaa 15 daqiiqadood. Qorshee inaad halkan joogayso 30 daqiiqo.

Waqtiga Baaritaanka

- Waxaa lagaaga baahan doonaa inaad dharka biraha leh iska bixiso, sida keeshaliga ama waxa korka lagu xirto ee biraha yar yar iyo jinyeerrada leh. Waxaa laga yaabaa in lagu weydiisto inaad xidhato toobka/qamiiska isbitaalka.
- Labo raajo ayaa lagaa qaadayaa. Waxaa lagu sheegi doonaa inaad neef qoto dheer jiidatid aadna isku celisid marka raajada lagaa qaadayo.
 - ▶ Raajada ugu horreysa, istaag adigoo soo eegaya looxa raajada. Gacmahaaga horey ayaa loo soo dhaqaajinayaa si garbahaaga loo kala dhaqaajiyo.
 - ▶ Raajada labaad, istaag iyadoo dhinacaaga bidix uu ku beegan yahay looxa raajada adigoo labada gacmoodba madaxaaga kor uga qaadaya.

Natiijooyinka baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaagu wuxuu kula socodsiin doonaa natiijooyinka.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ah ama walaac ah qabtid.

5/2009. Developed through a partnership of The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth, Columbus, Ohio. Available for use as a public service without copyright restrictions at www.healthinfotranslations.org.

Unless otherwise stated, user may print or download information from this website for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.