

Chest X-ray

A chest x-ray is a picture of your chest that shows your lungs, heart and bones. This test is quick and painless.

If you are pregnant, or think you might be, tell the staff before the test.

Arrive on time for your test. The test takes about 15 minutes. Plan to be here about 30 minutes.

During the Test

- You will need to remove clothing with metal in it, such as a bra or shirts with snaps or zippers. You may be asked to wear a hospital gown.
- Two x-rays are taken. You will be told to take a deep breath and hold it when the x-rays are taken.
 - ▶ For the first x-ray, stand facing the x-ray board. Your arms are moved forward to move your shoulder blades apart.
 - ▶ For the second x-ray, stand with your left side against the x-ray board with both arms raised above your head.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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Radiographie thoracique

Une radiographie thoracique est un cliché de votre thorax montrant vos poumons, votre cœur, et vos os. Ce examen est rapide et indolore.

Si vous êtes enceinte, ou pensez l'être, informez le personnel soignant avant l'examen.

Arrivez à l'heure pour votre examen. L'examen dure environ 15 minutes. Prévoyez un créneau d'environ 30 minutes.

Pendant l'examen

- Vous devrez retirer vos vêtements qui comportent du métal, comme un soutien-gorge ou des chemises à boutons pressions ou à fermetures-éclair. On pourra vous demander de porter une chemise d'hôpital.
- Deux radiographies seront prises. On vous demandera de prendre une profonde inspiration et de la bloquer lorsque les radiographies seront prises.
 - ▶ Pour la première radiographie, vous serez debout face à la plaque. Vos bras seront positionnés vers l'avant pour dégager vos clavicules.
 - ▶ Pour la seconde radiographie, vous serez debout, le côté gauche contre la plaque, avec les deux bras au dessus de la tête.

Les résultats de l'examen seront envoyés à votre médecin. Ce dernier les commentera avec vous.

Parlez avec votre médecin ou infirmière si vous avez des questions ou des inquiétudes.

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