

Chest X-ray

A chest x-ray is a picture of your chest that shows your lungs, heart and bones. This test is quick and painless.

If you are pregnant, or think you might be, tell the staff before the test.

Arrive on time for your test. The test takes about 15 minutes. Plan to be here about 30 minutes.

During the Test

- You will need to remove clothing with metal in it, such as a bra or shirts with snaps or zippers. You may be asked to wear a hospital gown.
- Two x-rays are taken. You will be told to take a deep breath and hold it when the x-rays are taken.
 - ▶ For the first x-ray, stand facing the x-ray board. Your arms are moved forward to move your shoulder blades apart.
 - ▶ For the second x-ray, stand with your left side against the x-ray board with both arms raised above your head.

胸部 X 線撮影

胸部 X 線は、肺、心臓、骨を写す胸部の写真です。検査では痛みを感じることなく、時間もかかりません。

ただし、妊娠中の方や妊娠していると思われる方は、検査前に職員に申し出てください。

検査時間に遅れないでください。検査には 15 分ほどかかります。30 分ほど時間を空けておいてください。

検査中

- 留め金やファスナなどの付いたブラジャーやシャツなど、金属が付属している衣類は脱いでいただく必要があります。病院のガウンを着用するよう指示される場合があります。
- X 線写真は 2 枚撮ります。撮影の際には、息を深く吸って止めていただきます。
 - ▶ 1 枚目は X 線ボードの方を向いた状態で撮影します。肩甲骨が離れるように腕を前に持っていきます。
 - ▶ 2 枚目は、左側を X 線ボードに付けて、両腕は頭より上に挙げます。

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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検査結果は医師に渡されます。医師から結果の説明を受けます。

質問や不明な事項については、医師または看護師に相談してください。

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Chest X-ray. Japanese.