

EMG and Nerve Conduction Tests

EMG, also called electromyogram, measures how your muscles and nerves work. The nerve conduction test measures how your nerves work in a different way. These tests measure electrical signals and may be done to check a nerve injury or diseases of your muscles or nerves.

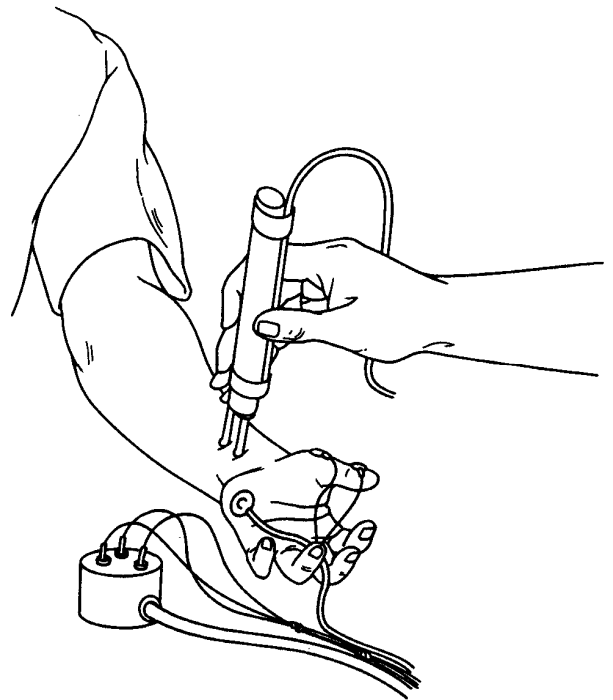
Tell your doctor if you:

- Have bleeding problems
- Take blood thinners
- Have a pacemaker or other heart device

Arrive on time for your test. Plan on this test taking about 1 hour.

During the EMG

- A pin electrode is put through your skin and into your muscle. This is to measure electrical signals from your muscles.
- It may hurt when the pin is placed in your muscle.
- One muscle is tested at a time.



Baaritaannada EMG iyo Dhaq-dhaqaaqa Xididka

EMG, oo sidoo kale loo yaqaanno *electromyogram*, waxay cabbirtaa sida muruqyada iyo xididdadu ay u shaqeeyaan. Baaritaanka dhaq-dhaqaaqa xididku wuxuu cabbiraa sida ay xididdadu si kale duwan ugu shaqeeyaan. Baaritaannadu waxay cabbiraan fartiimaha korontada waxaana laga yaabaa in loo sameeyo si loo hubiyo dhaawaca xididka ama cudurrada muruqyadaada ama xididdada.

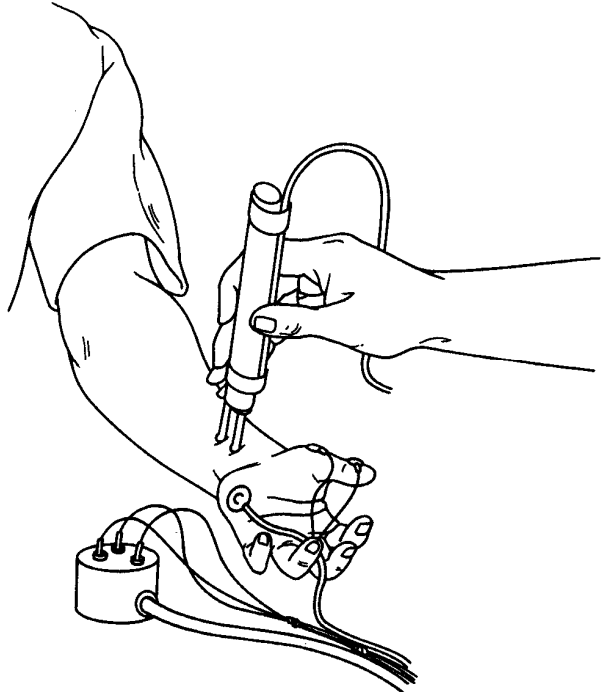
Dhakhtarkaaga u sheeg haddii aad:

- Dhibaato dhiig-bax qabtid
- Aad qaadatid khafiifiyeyaal dhiig
- Ay kugu rakiban yihiin wadne-socodsiiye [pacemaker] ama qalab kale ee wadnaha

Wagtiga ku imow marka lagu baarayo. Qorsheyso baaritaankaan inuu ilaa 1 saac qaadanayo.

Wagtiga EMG

- Biin koronto leh ayaa la galinayaa maqaarkaaga ka dibna muruqa loo sii gudbinayaa. Tan waxaa loo sameynayaa si loo cabbiro fartiimaha korontada ee muruqyadaada.
- Waxaa laga yaabaa iney ku xanuujiso marka biinka la gelinayo muruqaaga.
- Markiiba hal muruq ayaa la baarayaa.



- Signals from your muscles show up on a screen and are heard over a speaker.
- You may watch, listen, and ask questions during the test.

During the Nerve Conduction Test

- Pads are placed on your skin to measure how a nerve responds.
- It may hurt or tingle when a small shock is given.

Talk to your doctor or nurse if you have any questions or concerns.

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- Fartiimaha ka imaanaya muruqyadaada waxay ka soo muuqanayaan shaashad waxaana laga maqlayaa samaacad.
- Waxaa laga yaabaa inaad daawatid, dhegeysatid, aadna weydiisid su'aalo waqtiga baaritaanka.

Waqtiga Baaritaanka Dhaq-dhaqaaqa Muruqa

- Cad koollo leh ayaa maqaarka lagaa saarayaa si loo cabbiro sida xididku u jawaab celinayo.
- Waxaa laga yaabaa iney ku xanuujiso marka durid yar lagugu sameeyo.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ah ama walaac qabtid.

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