

# Fasting Blood Sugar Test

This test shows how well your body uses sugar called glucose. This test may be done to check for diabetes.

## To Prepare

- **Do not** eat or drink anything, including water, after midnight before the test. This includes coffee, gum, candy and mints.
- **Do not** smoke after midnight before the test.
- If you are to take your medicines the morning of the test, take them with sips of water only.

## During the Test

- A blood sample is taken with a needle from your arm.

## After the Test

- You can eat and drink your normal diet.
- Test results are sent to your doctor. Your doctor will share the results with you.

**Talk to your doctor or nurse if you have any questions or concerns.**

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- 검사 받는 날 아침 약을 복용해야 하면 약간의 물만 사용하여 드십시오.

## 검사 중

- 주사 바늘로 팔에서 혈액을 채취합니다.

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- 검사 결과는 의사에게 보냅니다. 의사가 결과를 알려줄 것입니다.

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