

GTT (Glucose Tolerance Test)

A GTT checks for diabetes. The test checks how your body uses glucose (sugar). This test is often done during pregnancy. Your doctor has ordered a:

- One hour test
- Three hour test
- Four hour test
- Five hour test

Arrive on time for your test.

To Prepare

- Do not eat, drink or chew anything for at least 8 hours before your test.
- Do not smoke the morning of the test.
- If you are to take your medicines the morning of the test, take them with sips of water only.

During the Test

- Your blood sample is taken with a needle.
- You are given Glucola to drink. It is very sweet. Drink it all.
- Do not eat or drink anything except water until the end of the test.
- Your blood is taken each hour for the length of the test. Return to the lab a few minutes before each blood sample.

GTT (내당력(耐糖力) 검사)

GTT 검사는 당뇨를 확인합니다. 글루코스(당)가 체내에서 어떻게 소비되는지를 검사합니다. 이 검사는 임신 중에 하는 경우가 많습니다. 귀하의 의사는 아래와 같은 검사를 주문했습니다:

- 1시간 검사
- 3시간 검사
- 4시간 검사
- 5시간 검사

검사 받는 날 제 시간에 도착.

검사 전 준비

- 검사 받기 전 최소한 8시간 동안 아무 것도 먹거나 마시거나 씹지 마십시오.
- 검사받는 날 아침 담배를 피우지 마십시오.
- 검사 받는 날 아침 약을 복용해야 하면 약간의 물만 사용하여 드십시오.

검사 중

- 바늘로 혈액 채취를 합니다.
- 글루콜라(Glucola)를 마시라고 드릴 것입니다. 매우 단 물입니다. 모두 마시십시오.
- 검사가 끝날 때까지 물 이외에는 아무 것도 먹거나 마시지 마십시오.
- 검사 중 매 시간마다 혈액 채취를 할 것입니다. 각 혈액 채취 몇분전에는 검사실로 돌아와야 합니다.

- If you **do not feel well** at anytime, tell the staff right away.

After the Test

- You may eat and drink again.
- Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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- 어디 아픈 것 같으면 언제든지 직원에게 즉시 말씀하십시오.

검사 후

- 검사 후에는 평소같이 먹고 마셔도 됩니다.
- 검사 결과는 의사에게 보냅니다. 의사는 그 결과를 환자에게 알려줄 것입니다.

질문이나 문제가 있으시면 의사나 간호사에게 말하십시오.

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