

Having an X-Ray

An x-ray takes pictures of the inside of your body so that your doctor can check bones or organs for problems. The test is safe, quick and painless. The type of x-ray you have will depend upon the area being looked at and why.

If you are pregnant, or think you might be, tell the staff before the test.

To Prepare

You may need to remove clothing with metal parts, snaps or zippers. You may also need to remove jewelry or eyeglasses. You may be asked to wear a hospital gown.

During the Test

You may be given a heavy apron to protect other parts of your body from exposure to the x-rays.

Staff will help position you for the test, then move behind a wall.

You may be told to hold your breath or to not move for a short time.

Movement can cause the pictures to be blurry.

Most x-rays only take a few minutes.

After the Test

Test results will be sent to your doctor. Your doctor will discuss the results with you.

X線写真の撮影

X線写真とは、主治医が骨や臓器の問題を検査するために撮影される身体内部の写真です。この検査は安全で、痛みを感じることなく、時間もかかりません。X線写真の種類は、検査部分と撮影理由に応じて異なります。

妊娠中の方や妊娠していると思われる方は、検査前に職員に申し出てください。

準備

金属部品、ホック、ファスナーの付いた衣類は脱いでいただく場合があります。宝石類やメガネも外す必要がある場合があります。病院のガウンを着用するよう指示される場合もあります。

検査中

身体の他の部分をX線から保護するための重いエプロンを渡されます。

職員は検査のための姿勢をとるように手伝った後、壁の反対側へ移動します。息を止め、動かないように指示される場合がありますが、これは動くとも映像がぶれてしまうためです。

ほとんどのX線写真の撮影は数分で終わります。

検査後

検査結果は主治医に渡されます。主治医が検査結果を説明します。

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Having an X-Ray. Japanese.