

# Having an X-Ray

An x-ray takes pictures of the inside of your body so that your doctor can check bones or organs for problems. The test is safe, quick and painless. The type of x-ray you have will depend upon the area being looked at and why.

**If you are pregnant, or think you might be, tell the staff before the test.**

## **To Prepare**

You may need to remove clothing with metal parts, snaps or zippers. You may also need to remove jewelry or eyeglasses. You may be asked to wear a hospital gown.

## **During the Test**

You may be given a heavy apron to protect other parts of your body from exposure to the x-rays.

Staff will help position you for the test, then move behind a wall.

You may be told to hold your breath or to not move for a short time.

Movement can cause the pictures to be blurry.

Most x-rays only take a few minutes.

## **After the Test**

Test results will be sent to your doctor. Your doctor will discuss the results with you.

# X光检查

X光检查是拍摄身体内部的照片，以便医生检查骨骼或器官是否有问题。检查安全、快速、无痛。您所接受的X光检查类型，取决于检查部位和检查原因。

**若您怀孕或认为自己可能怀孕，检查前要向工作人员说明。**

## 准备工作

可能需要除去带金属部件、扣件、拉链的衣物。另外，可能还需要摘去首饰或眼镜。可能需要穿医院发给的罩衣。

## 检查过程

可能会发给您一件很重的防护裙，防止X光照射身体的其他部位。

工作人员会帮助您调整检查的姿势，然后工作人员退到墙后。可能会要求您短时间内屏气或不要移动身体。移动身体可能导致照片模糊。

大多数X光检查只要几分钟时间。

## 检查之后

检查结果送至医生处。医生会将检查结果通知您。

2007 – 9/2011 Health Information Translations

Unless otherwise stated, user may print or download information from [www.healthinfotranslations.org](http://www.healthinfotranslations.org) for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

Having an X-Ray. Simplified Chinese.