

Incision Care: No Dressing

Your incision is to be left uncovered and open to the air.

Your Care

- Check your incision for signs of infection:
 - ▶ Warmth
 - ▶ Swelling
 - ▶ Redness
 - ▶ Change or increase in drainage
- If you are allowed to shower, let the water run over your incision. Do not let the spray directly hit the incision. Pat your incision dry.
- Do not soak your incision in water. This includes bathtubs, swimming pools and hot tubs.
- If you have staples or sutures on your incision, they will be removed at your doctor's office.
- If you have tapes called steri strips on your incision, they will fall off on their own. Do not pull them off. You may trim the edges as they curl.

Call your doctor right away if you have:

- Any signs of infection such as warmth, swelling, redness or change or increase in drainage
- Opening up of the incision
- Increased bleeding or pain

Soins des incisions : pas de pansement

Votre incision ne doit pas être recouverte et doit être laissée à l'air libre.

Vos soins

- Vérifiez toute présence de signes d'infection sur votre incision :
 - ▶ chaleur
 - ▶ gonflement
 - ▶ rougeurs
 - ▶ modifications ou augmentation de l'écoulement
- Si vous êtes autorisé(e) à vous doucher, laissez l'eau couler sur votre incision. Ne dirigez pas directement le jet sur l'incision. Pour la sécher, tamponnez-la.
- N'immergez pas votre incision dans l'eau. Évitez les bains, les piscines et les bains bouillonnants.
- Si vous avez des agrafes ou des points de suture sur votre incision, elles seront retirées au cabinet de votre médecin.
- Si vous avez des bandelettes appelées Stéri-strip sur votre incision, elles s'enlèveront d'elles-mêmes. Ne les enlevez pas. Vous pouvez couper les bords au fur et à mesure qu'ils se décollent.

Appelez votre médecin immédiatement si vous avez :

- un signe d'infection comme une sensation de chaleur, un gonflement, des rougeurs, des modifications ou une augmentation de l'écoulement
- votre incision qui s'est ouverte
- des saignements plus abondants ou une douleur plus prononcée

- Loss of appetite, nausea or vomiting

Talk to your doctor or nurse if you have any questions or concerns.

2007 – 11/2011 Health Information Translations

Unless otherwise stated, user may print or download information from www.healthinfotranslations.org for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

- une perte d'appétit, la nausée ou des vomissements

Parlez avec votre médecin ou votre infirmière si vous avez des questions ou des inquiétudes.

2007– 11/2011 Health Information Translations

Unless otherwise stated, user may print or download information from www.healthinfotranslations.org for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

Incision Care. French.