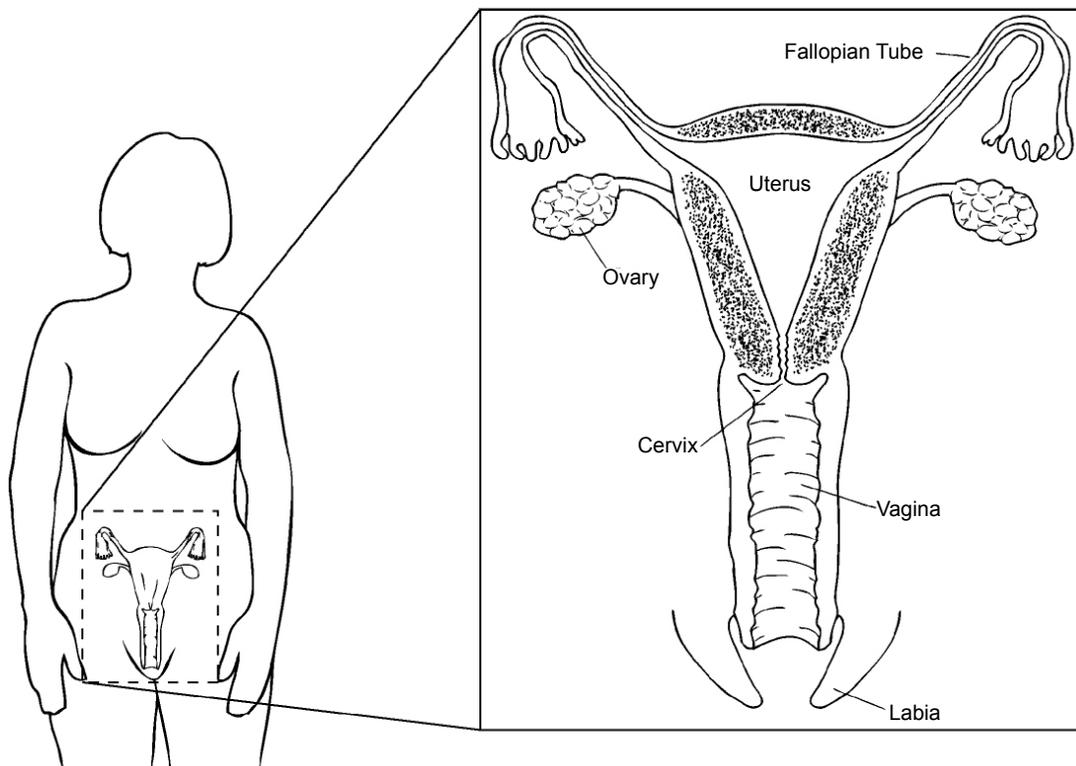


LEEP (Loop Electrosurgical Excision Procedure)

If your pap test was abnormal, you may need LEEP as a treatment. LEEP is used to remove abnormal tissue from the cervix. The cervix is the opening to the uterus or womb.

Arrive on time for your treatment. Plan on being here about 1 hour. The treatment itself takes only a few minutes.

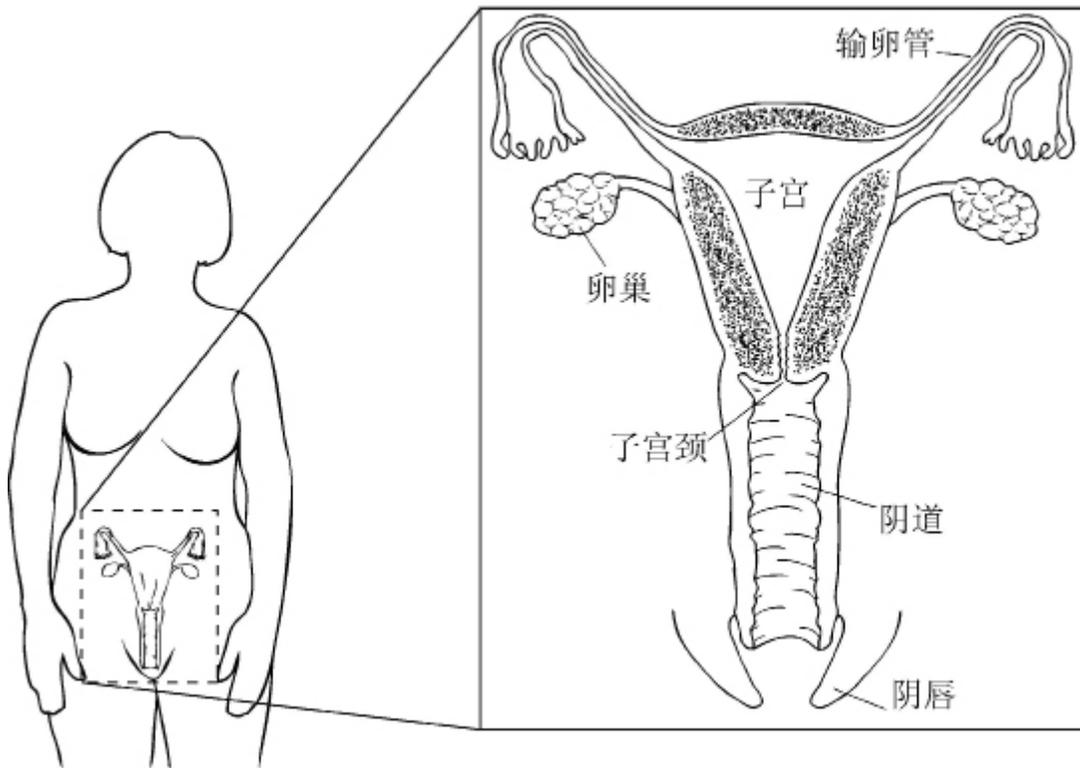


Your Treatment

- You lie on your back and place your feet in stirrups. An instrument, called a speculum, is put into your vagina to keep it open. You may feel some pressure.
- Medicine is used to numb your cervix.

LEEP (电圈切除术)

如果您的子宫颈抹片检查不正常，您可能需要用 LEEP 治疗。做 LEEP 是将不正常的组织从子宫颈切除。子宫颈是子宫的入口处。
治疗时请准时到。请计划在此呆 1 个小时。治疗本身只需要几分钟的时间。



您的治疗

- 仰面躺下，并将双脚放在脚蹬里。医生会将一个称为反射镜的工具放入阴道，使其张开。您可能会压迫感。
- 会用药物麻醉子宫颈。

- A solution is put on your cervix to show abnormal cells.
- A magnifying instrument is used to get a close up view of your cervix.
- A thin wire loop is used to remove the abnormal tissue.
- The tissue will be sent to a lab for testing.

Your Care after Treatment

Your cervix should heal completely in a few weeks.

- Rest for the next 2 days.
- You may have some mild cramping.
- You may have some vaginal discharge for a few weeks. This will be like having a period. The discharge may at first look like brownish-black coffee grounds. In time, this will change to clear and watery discharge.
- Do not use tampons or have sexual intercourse for 4 weeks. This reduces your risk of bleeding and allows healing to occur.
- You may take ibuprofen (Advil or Motrin) for pain for the next few days.
- You will have a follow-up visit scheduled with the doctor.

<p>You should have a pap test more often to check for more abnormal tissue. Talk to your doctor about how often you should have this test.</p>
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- 会将溶液涂在子宫颈上，显示不正常细胞。
- 会用放大镜工具仔细查看子宫颈。
- 会用细钢丝圈来摘除不正常组织。
- 将组织送往化验室检查。

术后护理

您的子宫颈应该在几个星期后完全康复。

- 治疗后休息 2 天。
- 可能会有轻微的腹痛。
- 阴道可能会有一些分泌物，时间约达数周，像是月经。起初，分泌物看起来可能象棕黑色的咖啡粉。随着时间的推移，变成透明的水状分泌物。
- 在 4 周内不要使用月经棉条或进行性交，以减少出血风险并促使痊愈。
- 随后数天可能需要服用布洛芬止痛药（Advil 或 Motrin）。
- 需要按照医生制定的计划进行随访。

应更频繁地进行子宫颈抹片检查，以检查是否出现更多的不正常组织。询问医生，了解应这种检查的频繁程度。

Call your doctor right away if you have:

- Bleeding that soaks a pad in 1 hour
- Severe abdominal cramps or pain
- Chills or fever of 100.4 degrees F or 38 degrees C or higher
- Vaginal discharge that has a bad or foul odor

Talk to your doctor or nurse if you have any questions or concerns.

如有下列症状，请立刻打电话给您的医生：

- 1 小时便浸透一张月经垫的出血
- 严重的腹部痉挛或腹痛
- 发寒或发烧高于华氏 100.4 度或摄氏 38 度或更高
- 阴道分泌物有难闻的气味或异味

有任何疑问或担心，请告知您的医生或护士。

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LEEP. Simplified Chinese.