LEEP (Loop Electrosurgical Excision Procedure)

If your pap test was abnormal, you may need LEEP as a treatment. LEEP is used to remove abnormal tissue from the cervix. The cervix is the opening to the uterus or womb.

**Arrive on time for your treatment.** Plan on being here about 1 hour. The treatment itself takes only a few minutes.

**Your Treatment**

- You lie on your back and place your feet in stirrups. An instrument, called a speculum, is put into your vagina to keep it open. You may feel some pressure.
- Medicine is used to numb your cervix.
LEEP (电圈切除术)

如果您的子宫颈抹片检查不正常，您可能需要用 LEEP 治疗。做 LEEP 是将不正常的组织从子宫颈切除。子宫颈是子宫的入口处。

治疗时请准时到。请计划在此呆 1 个小时。治疗本身只需要几分钟的时间。

您的治疗

- 仰面躺下，并将双脚放在脚镫里。医生会将一个称为反射镜的工具放入阴道，使其张开。您可能会压迫感。
- 会用药物麻醉子宫颈。
• A solution is put on your cervix to show abnormal cells.
• A magnifying instrument is used to get a close up view of your cervix.
• A thin wire loop is used to remove the abnormal tissue.
• The tissue will be sent to a lab for testing.

Your Care after Treatment

Your cervix should heal completely in a few weeks.
• Rest for the next 2 days.
• You may have some mild cramping.
• You may have some vaginal discharge for a few weeks. This will be like having a period. The discharge may at first look like brownish-black coffee grounds. In time, this will change to clear and watery discharge.
• Do not use tampons or have sexual intercourse for 4 weeks. This reduces your risk of bleeding and allows healing to occur.
• You may take ibuprofen (Advil or Motrin) for pain for the next few days.
• You will have a follow-up visit scheduled with the doctor.

You should have a pap test more often to check for more abnormal tissue. Talk to your doctor about how often you should have this test.
LEEP. Simplified Chinese.

- 会将溶液涂在子宫颈上，显示不正常细胞。
- 会用放大镜工具仔细查看子宫颈。
- 会用细钢丝圈来摘除不正常组织。
- 将组织送往化验室检查。

术后护理
您的子宫颈应该在几个星期后完全康复。
- 治疗后休息2天。
- 可能会有轻微的腹痛。
- 阴道可能会有一些分泌物，时间约达数周，像是月经。起初，分泌物看起来可能象棕黑色的咖啡粉。随着时间的推移，变成透明的水状分泌物。
- 在4周内不要使用月经棉条或进行性交，以减少出血风险并促使痊愈。
- 随后数天可能需要服用布洛芬止痛药（Advil或Motrin）。
- 需要按照医生制定的计划进行随访。

应更频繁地进行子宫颈抹片检查，以检查是否出现更多的不正常组织。询问医生，了解应这种检查的频繁程度。
Call your doctor **right away** if you have:

- Bleeding that soaks a pad in 1 hour
- Severe abdominal cramps or pain
- Chills or fever of 100.4 degrees F or 38 degrees C or higher
- Vaginal discharge that has a bad or foul odor

Talk to your doctor or nurse if you have any questions or concerns.
如有下列症状，请立刻打电话给您的医生：

- 1 小时便浸透一张月经垫的出血
- 严重的腹部痉挛或腹痛
- 发寒或发烧高于华氏 100.4 度或摄氏 38 度或更高
- 阴道分泌物有难闻的气味或异味

有任何疑问或担心，请告知您的医生或护士。