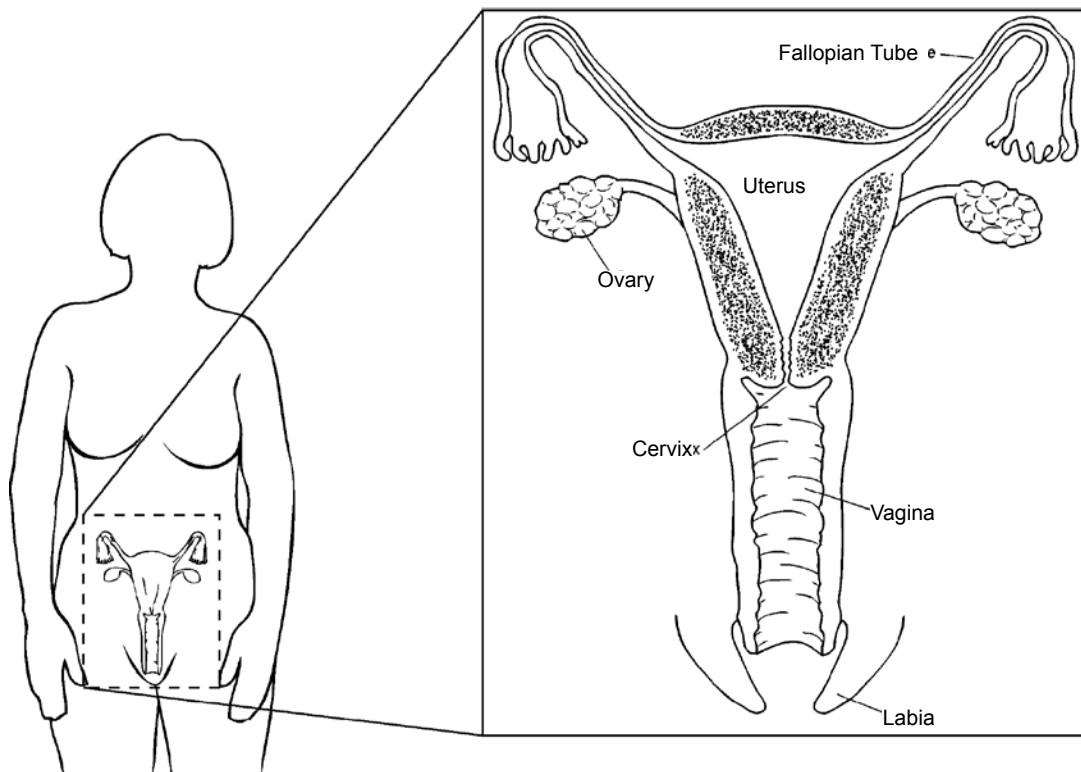


# LEEP (Loop Electrosurgical Excision Procedure)

If your pap test was abnormal, you may need LEEP as a treatment. LEEP is used to remove abnormal tissue from the cervix. The cervix is the opening to the uterus or womb.

**Arrive on time for your treatment.** Plan on being here about 1 hour. The treatment itself takes only a few minutes.

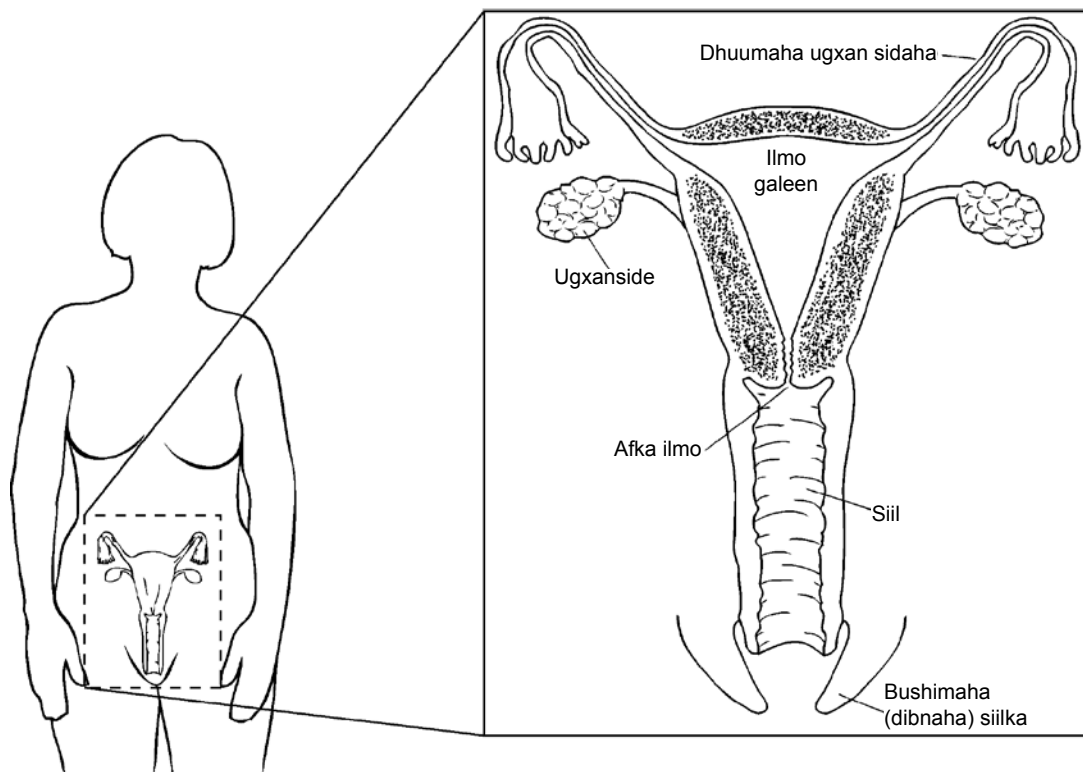


# LEEP

## (Habka Qalliinka Korontada ee Nudaha Birta godan lagu soo jarayo [Loop Electrosurgical Excision Procedure])

Haddii baaritaankaaga pap-ku uusan caadi noqon, waxaa laga yaabaa in aad u baahato LEEP ayaa la isticmaalaa. LEEP waxaa loo sameeyaa in unugyada aan caadiga ahayn looga soo saaro afka ilmo galeenka.

**Waqtiga ku imow baaritaankaaga.** Ugu sii talo gal joogistaada halkan qiyaas ahaan 1 saac. Daawaynta lafahaanteeda ayaa qaadanaaya dhawr daqiiqadood oo kaliya.



## **Your Treatment**

- You lie on your back and place your feet in stirrups. An instrument, called a speculum, is put into your vagina to keep it open. You may feel some pressure.
- Medicine is used to numb your cervix.
- A solution is put on your cervix to show abnormal cells.
- A magnifying instrument is used to get a close up view of your cervix.
- A thin wire loop is used to remove the abnormal tissue.
- The tissue will be sent to a lab for testing.

## **Your Care after Treatment**

Your cervix should heal completely in a few weeks.

- Rest for the next 2 days.
- You may have some mild cramping.
- You may have some vaginal discharge for a few weeks. This will be like having a period. The discharge may at first look like brownish-black coffee grounds. In time, this will change to clear and watery discharge.
- Do not use tampons or have sexual intercourse for 4 weeks. This reduces your risk of bleeding and allows healing to occur.
- You may take ibuprofen (Advil or Motrin) for pain for the next few days.

## **Daaweyntaada**

- Dhabarka ayaad u jiifsanaya Cagahaaguna waxaa lagu saari doonaa bir meel ka soo lulata. Qalabkan, waxaa la yidhaa speculum waxaa laga galinayaa siilka si loo kala furo. Waxaa laga yaabaa in aad xoogaa cadaadis ah dareento.
- Daawo ayaa loo isticmaali doonaa in ay afka ilmo galeenkaaga kaabuubiso.
- Milan ayaa ilmo galeenka lagaaga shubi doonaa si loo muujiyo nudaha aan caadiga ahayn.
- Qalab wax weyneeya ayaa loo isticmaalayaa si loo helo aragti dhow ee ilmo galeenkaaga.
- Silig dhuuban oo soo godan ayaa loo isticmaalayaa in lagu soo saaro nudda aan caadiga ahayn.
- Nudda waxaa loo diri doonaa shaybaar baara.

## **Daryeelkaaga Daaweynta ka Dib**

Afka ilmo galeenkaagu waa in uu ku daawoobaa dhowr toddobaad.

- Naso 2-da maalmood ee ku xiga.
- Waxaa laga yaabaa in aad isku aragto casiraad yar.
- Waxaa laga yaabaa in dheecaan uu siilka ka yimaado ilaa dhawr toddobaad. Tani waxay noqon doontaa sidii adigoo caado qaba. Dheecaanada aya marka hore laga yaabaa inay u eekaandan midabka buniga iniinyaha bunka madow. Waqtigan, tani waxay isku badalaysaa dheecaan saafiya oo biyo wata.
- Ha isticmaalin suufka caadada loo gashto, ama galmo ha sameynin muddo saliingaha siilka wax la isaga mariyo. Tani waxay kaa yaraynaysaa halista dhiig baxa waxayna oggolaanaysaa in ay meeshu bogsato.
- Waxaad u qaadan doontaa ibuprofen (Advil or ama Motrin) dhawrka casho ee soo socda. Waxaad raaci doontaa waqtiga booqashada ee uu dhakhtarkaagu sargooyey.

- You will have a follow-up visit scheduled with the doctor.

You should have a pap test more often to check for more abnormal tissue. Talk to your doctor about how often you should have this test.

**Call your doctor right away if you have:**

- Bleeding that soaks a pad in 1 hour
- Severe abdominal cramps or pain
- Chills or fever of 100.4 degrees F or 38 degrees C or higher
- Vaginal discharge that has a bad or foul odor

**Talk to your doctor or nurse if you have any questions or concerns.**

- Waxaad lagu samayn doonaa dabagal booqasho uu dhakhtarku kugu sameeyo

Waxaa haboon in lagaa qaado baadhitaanka Pab had iyo jeer si loo hubiyo nudaha aan caadiga ahayn. La hadal dhakhtarkaaga inta jeer ay tahay inaad marto baadhitaanka Pabka.

### **Wac dhakhtarkaaga isla markiiba haddii aad isku aragto:**

- Dhiig cadka suufka ah ku qoynaya 1 saac
- Casiraad ama xanuun daran ee uur ku jirta
- Qar-qaryo ama qandho 100.4 darajo oo F aha ama 38 darajo oo C ama ka sareeya
- Dheecaan siilka ka yimaada oo xun ama ur qadhmuun leh

**La hadal takhtarkaaga ama kalkaalisada haddii aad wax su'aalo ama walaac ah qabtid.**

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LEEP. Somali.