The lungs are the organs that help us breathe. They help to give oxygen to all the cells in the body.

Cancer cells are abnormal cells. Cancer cells grow and divide more quickly than healthy cells. Some cancer cells may form growths called tumors. Lung cancer occurs when cells in the lung change to become abnormal. Lung cancer cells may travel through the blood or lymph system to another area or organ in the body. This is called metastasis.
Risk Factors

You are at increased risk for lung cancer if you:

• Smoke
• Breathe in other people’s smoke
• Have contact with asbestos, radon gas or a lot of air pollution
• Have someone in your family who had lung cancer

Signs

Early lung cancer often causes no signs. See your doctor if you have any of these signs:

• Cough that does not go away
• Coughing up blood
• Shortness of breath
• Wheezing
• Loss of appetite and weight loss
• Feeling very tired

Types of Lung Cancer

There are 2 main types of lung cancer. Each type grows, spreads and is treated differently.

• Non-Small Cell Lung Cancer – This is the most common type of lung cancer. It grows and spreads more slowly.
• Small Cell Lung Cancer – This type of lung cancer grows and spreads more quickly.

Joohim ke kaarık

Aapko fennaz dik kinsar ka khatara adhik hogaya, yadi aap:

• Dhunpan karte hain
• Any logon par khat mienne se pramanikt kshetra m se saas leti hain
• Aapka sankaap ekeste, radon gass aathva atmik dikh waa praman se hote hain
• Aapke paryar me koii aisa sardar hoo jisse fennaz dik kinsar hoo

Lakshan:

Prashnik kinsar m aksar koii lakshan dekha hain nahin deyey. Yadi aapke nmnakshikh m se koii lakshan hain, to aapne chikitsak se mile:

• Xanshi kisii prakaar bhii samap nahin hoti
• Xanshi ke sath rakt aata hain
• Sants foolhti hain
• Sants m phapaphaat
• Mukh kam lagana tatha vajana kam hona
• Bhumt thakan ka anumav hona

Fennaz dik kinsar ki kismen

Fennaz dik kinsar ke 2 mushta kism hain. Prateek kism dik kinsar alag prakaar se vikisita hote hain, faillta hain tatha usaka upchara bhii alag prakaar se kiya jata hain.

• Fennaz dik a-aglas koopan kinsar – yah fennaz dik ke kinsar ke sarvikh prachaalita kism hain. Yah kafii dheemi gati se vikisita hote tatha faillta hain.
• Fennaz dik laaglas koopan kinsar – fennaz dik ite kism dik dek kinsar tereji se vikisita hote tatha faillta hain.
Your Care
Your doctor will give you a physical exam and look at your lungs with tests such as:

- A chest x-ray
- Computerized Tomography (CT) scan
- Magnetic Resonance Image (MRI)
- Positron Emission Tomography (PET) scan

Also, you may have a biopsy done. Tiny samples of the tumor called a biopsy are taken to find what type of lung cancer is present. This information will help your doctor plan your treatment. Treatment options will be discussed with you. Common treatments include:

- Surgery to remove the tumor and nearby tissue
- Radiation therapy to destroy cancer cells
- Chemotherapy medicines to destroy cancer cells
- A combination of these treatments

Talk to your doctor or nurse about your questions and concerns.