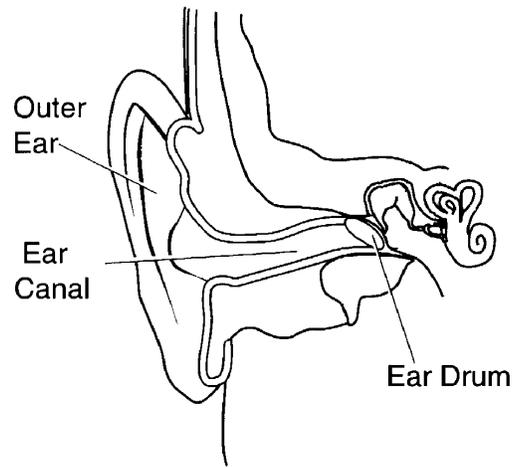


# Middle Ear Infection

Middle ear infection is called otitis media. This infection occurs when germs get into the middle ear and the area fills with fluid. Germs from a cold or flu can lead to a middle ear infection. Fluid build-up in the middle ear can put pressure on your eardrum causing pain or other signs.



## Signs

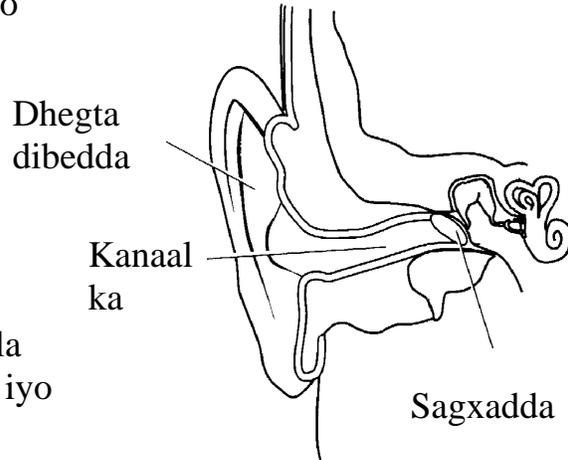
- Pain
- Fever
- Drainage
- Hearing loss

## Your Care

- Your doctor will ask you about your signs and check your ears.
- If your infection is caused by germs, antibiotic medicine may be ordered. Take all of your medicine as directed.
- You may use a heating pad on a **low** setting.

# Hurgunka (Xanuunka) Bartamaha Dhegta

Hurgunka bartamaha dhegta waxaa loo yaqaanaa otitis media. Hurgunkaan waxaa dhacaa marka jeermisku galo dhex bartanka dhegta ee jiiddu ka buuxsanto dheecaan. Jeermnis ka dhashay hergeb ama ifilo ayaa sababa infekshanja dhegta badhtankeeda.. Korodhka dheecaanku ee badhtanka dhegtu wuxu keenaa cadaadis dul fuula sagxadda dhegtaada oo keena xanuun iyo calaamado kale.



## Calaamadaha

- Xanuun
- Qandho
- Dheecaan soo burqada
- Maqal la'aan

## Daryeelkaaga

- Takhtarkaaga ayaa ku weydiin doona calaamadahaaga oo eegi doona dhegahaaga.
- Haddii infekshankaaga (xanuunkaaga) uu ka dhashay jeermis marka waxaa laga yaabaa in lagu qoro daawo Antibiyootik ah. Daawooyinka oo dhan u qaado sida lagu faray.
- Waxaa laga yaabaa inaad isticmaasho cad kulsiin ah oo ku dhegan dejin **Hoose**.

- **Do not** put anything in your ears including liquids, herbs or cotton-tipped applicators unless directed to by your doctor. They can block your ear canal, causing a loss of hearing or infection.

**Call your doctor right away if you have:**

- Pain that gets worse
- Fever that gets higher or does not go away
- Drainage that gets worse
- Hearing loss

**Talk to your doctor or nurse if you have any questions or concerns.**

- **Waxna** dhegta ha iska gelin oo ay ku jiraan dareere, daawo dhireed ama qoryaha afka suufka ku leh ilaa uu takhtarku sidaas ku faro. Waxay xannibi karaan kanaalka dhegta, iyagoo sababaya maqal la'aan ama dhaawac.

**Isla markiiba** wac takhtarkaaga haddii aad qabto:

- Xanuun aad u uga sii daraya
- Qandho kor u kacaysa oo aan tegayn
- Dheecaan ka sii daraya
- Maqal la'aan

**La hadal takhtarkaaga ama kalkaalisada haddii aad wax su'aalo ama walaacyo ah qabtid.**

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Middle Ear Infection. Somali.