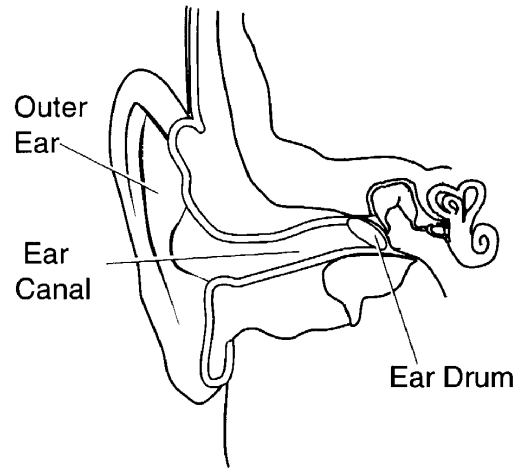


# Middle Ear Infection

Middle ear infection is called otitis media. This infection occurs when germs get into the middle ear and the area fills with fluid. Germs from a cold or flu can lead to a middle ear infection. Fluid build-up in the middle ear can put pressure on your eardrum causing pain or other signs.



## Signs

- Pain
- Fever
- Drainage
- Hearing loss

## Your Care

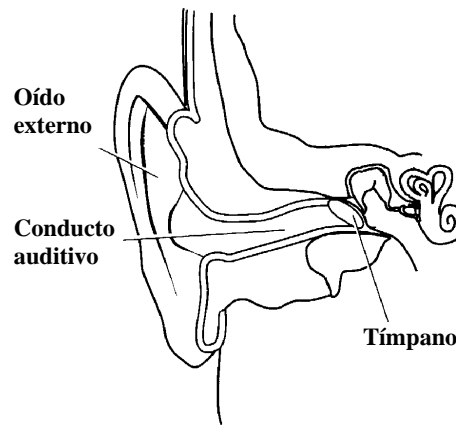
- Your doctor will ask you about your signs and check your ears.
- If your infection is caused by germs, antibiotic medicine may be ordered. Take all of your medicine as directed.
- You may use a heating pad on a **low** setting.
- **Do not** put anything in your ears including liquids, herbs or cotton-tipped applicators unless directed to by your doctor. They can block your ear canal, causing a loss of hearing or infection.

# Infección del oído medio

A la infección del oído medio se la llama también otitis media. Esta infección ocurre cuando los gérmenes llegan al oído medio y la zona se llena de líquido. Los gérmenes causantes de un resfrío o de la gripe pueden producir una infección en el oído medio. La acumulación de líquido en el oído medio puede presionar contra el tímpano y causar dolor y otros signos.

## Signos

- Dolor
- Fiebre
- Secreciones
- Pérdida de la audición



## Cuidados

- Su médico le preguntará por los signos y revisará sus oídos.
- Si la infección es causada por gérmenes, es posible que le receten antibióticos. Tome todos sus medicamentos según se le indique.
- Puede usar una almohada térmica a un nivel **bajo**.
- No se ponga nada en los oídos, lo que incluye líquidos, hierbas o aplicadores con la punta recubierta de algodón a menos que se lo indique su médico, ya que estos elementos pueden obstruir su conducto auditivo, ocasionando una pérdida de audición o infección.

**Call your doctor right away if you have:**

- Pain that gets worse
- Fever that gets higher or does not go away
- Drainage that gets worse
- Hearing loss

**Talk to your doctor or nurse if you have any questions or concerns.**

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**Llame a su médico de inmediato si:**

- el dolor empeora;
- la fiebre aumenta o no desaparece;
- las secreciones que empeoran;
- tiene pérdida de audición.

**Hable con su médico o enfermera si tiene alguna pregunta o inquietud.**

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Middle Ear Infection. Spanish.