

Modified Barium Swallow

A modified barium swallow is a motion picture x-ray that looks for swallowing problems in your mouth and throat. The test checks what types of foods and liquids are safe for you to swallow.

If you are breastfeeding, pregnant, or think you might be, tell the staff before the x-ray is taken.

Arrive on time for your test. Plan on being here for about 1 hour. The test takes about 15 to 30 minutes.

During the Test

- In the x-ray room, you sit in a chair.
- You are given different foods and liquids to chew and swallow. The food is covered with barium. Barium lets the food and drink you are swallowing be seen on x-ray.
- You may be asked to turn your head, sit back, hold your breath, cough or take small bites during the test.

After the Test

- The speech therapist will discuss your test results with you and show you ways to make swallowing safer.
 - ▶ Positions when you eat
 - ▶ Types of food or drink that are safest for you to swallow
 - ▶ Ways to thicken liquids if needed

Talk to your doctor or nurse if you have any questions or concerns.

嚥下造影

嚥下造影は、口腔や喉に嚥下障害がないかを調べるビデオレントゲン検査です。患者様がどの種類の食べ物と飲み物を安全に摂取できるかを検査します。

授乳期の方、妊娠中の方、または妊娠していると思われる方は、検査前に職員に申し出てください。

検査時間に遅れないでください。検査のために1時間ほど空けておいてください。検査には15～30分ほどかかります。

検査中

- レントゲン室では椅子に座ります。
- 異なる種類の食べ物と飲み物を嚙んだり、飲んだりします。食べ物はバリウムでコートしてあります。バリウムは、飲み込んだ検査食をX線で見えるために使用します。
- 検査中は、首を回す、背をもたれる、息を止める、咳をする、検査食を少量摂取するなどの指示を受けることがあります。

検査後

- 言語療法士が検査結果について説明し、食物の安全な摂取の仕方（飲み込み方）を指導します。
 - ▶ 食べるときの体の姿勢について
 - ▶ 飲み込んでも安全な食べ物や飲み物の種類について
 - ▶ 必要に応じて飲み物にとろみを付ける方法について

質問や不明な事項は、主治医または看護師にご相談ください。

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Modified Barium Swallow. Japanese.