

Modified Barium Swallow

A modified barium swallow is a motion picture x-ray that looks for swallowing problems in your mouth and throat. The test checks what types of foods and liquids are safe for you to swallow.

If you are breastfeeding, pregnant, or think you might be, tell the staff before the x-ray is taken.

Arrive on time for your test. Plan on being here for about 1 hour. The test takes about 15 to 30 minutes.

During the Test

- In the x-ray room, you sit in a chair.
- You are given different foods and liquids to chew and swallow. The food is covered with barium. Barium lets the food and drink you are swallowing be seen on x-ray.
- You may be asked to turn your head, sit back, hold your breath, cough or take small bites during the test.

After the Test

- The speech therapist will discuss your test results with you and show you ways to make swallowing safer.
 - ▶ Positions when you eat
 - ▶ Types of food or drink that are safest for you to swallow
 - ▶ Ways to thicken liquids if needed

Talk to your doctor or nurse if you have any questions or concerns.

另類吞鋇造影

另類吞鋇造影是 x 光動態造影，是為了尋找嘴部和咽喉部的吞嚥問題。該測試檢查您可安全吞嚥何種食物和流質。

如果您正哺乳、已懷孕或認為您可能懷孕，請在照 x 光之前告知醫療人員。

做檢查請准時到達。預計在此要呆約 1 個小時。檢查約需 15 到 30 分鐘。

檢查過程

- 在 x 光室中，您坐在椅子上。
- 會給您不同的食物和流質讓您咀嚼吞嚥。食物上塗了鋇。鋇可讓 x 光看到您吞嚥的食物和飲料。
- 檢查中您可能被要求轉過頭、坐著後仰、屏住呼吸、咳嗽或咬小口食物。

檢查之後

- 語言治療師將和您討論檢查結果並向您顯示如何吞嚥會更加安全。
 - ▶ 吃東西時的姿勢
 - ▶ 讓您最安全吞嚥的食物飲料類
 - ▶ 需要時使流質變濃的方法

如果您有任何疑問或關注事項，請告知您的醫生或護士。

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Modified Barium Swallow. Traditional Chinese.