

Nitroglycerin

Nitroglycerin is a medicine used to treat chest pain called angina. **Take nitroglycerin as directed by your doctor.**

- If you are pregnant or breastfeeding, talk to your doctor before using this medicine.
- Always keep your nitroglycerin with you.
- This medicine may make you dizzy or lightheaded when you stand up or get out of bed. Get up slowly from a sitting or lying position.
- Ask your doctor if it is safe for you to drink alcohol while using nitroglycerin medicine.
- Keep nitroglycerin in its original bottle to keep its strength. The medicine should cause a sting or a tingle under your tongue. If not, you may need a new bottle of medicine.
- Keep the medicine out of the reach of children.

If you use tablets:

1. Sit down and rest 2 to 3 minutes.
2. If you have chest pain or discomfort that is not better with rest, place 1 tablet under your tongue. Do not swallow the tablet.
3. If you still have chest pain after 5 minutes, put a second tablet under your tongue.
4. If the chest pain does not go away after another 5 minutes, use a third tablet. You may take up to 3 tablets in 15 minutes.
5. If you still have pain, **call 911**. Do not drive yourself to the hospital because you may be having a heart attack.

Nitroglicerin

Nitroglicerin je lijek koji se koristi za liječenje boli u prsima zvane angina. **Uzмите nitroglicerin kako Vam ga je propisao doktor.**

- Ako ste u drugom stanju ili dođite, posavjetujte se sa svojim ljekarom prije korištenja ovog lijeka.
- Nitroglicerin uvijek nosite sa sobom.
- Ovaj lijek može uticati da osjećate vrtoglavicu ili nesvjesticu prilikom podizanja ili ustajanja iz kreveta. Polako se dižite iz sjedećeg ili ležećeg položaja.
- Posavjetujte se sa svojim ljekarom o tome da li je bezbjedno uzimati alkohol dok koristite nitroglicerin.
- Nitroglicerin držite u njegovom originalnom pakovanju zbog očuvanja njegove jačine. Prilikom uzimanja lijek bi trebao uzrokovati bockanje ili štipkanje pod jezikom. Ako ih ne osjetite, moguće je da Vam treba nova bočica lijeka.
- Lijek držite van domašaja djece.

Ako koristite tablete:

1. sjedite i odmorite se 2 do 3 minute.
2. ako imate bol u prsima ili neugodnost koja ne prolazi sa odmaranjem, stavite 1 tabletu pod jezik. Nemojte gutati tabletu.
3. ako i dalje imate bol u prsima nakon 5 minuta, stavite drugu tabletu pod jezik.
4. ako bol u prsima ne nestane nakon sljedećih 5 minuta, upotrijebite treću tabletu. Možete uzeti do 3 tablete u 15 minuta.
5. ako još uvijek imate bol, **pozovite 911 (hitnu pomoć)**. Nemojte sami sebe voziti u bolnicu jer možda imate srčani udar.

If you use spray:

1. Sit down and rest for 2 to 3 minutes.
2. If you have chest pain or discomfort that is not better with rest, hold the can up with the spray button on top as close to your mouth as you can.
3. Press down on the button and spray the medicine onto your tongue or under it. Don't swallow right away. Wait 10 seconds.
4. If your chest pain lasts longer than 5 minutes, spray a second dose into your mouth.
5. If the chest pain does not go away after another 5 minutes, spray a third dose. You may use up to 3 sprays in 15 minutes.
6. If you still have pain, **call 911**. Do not drive yourself to the hospital because you may be having a heart attack.

Call your doctor if you have any of these medicine side effects:

- Flushed or hot face
- Nausea or vomiting

Call your doctor or 911 right away if you have any of these side effects:

- Trouble breathing
- Increased chest pain
- Dizziness, fainting or severe weakness
- Severe headaches
- Itching or swelling
- Blurred vision
- Dry mouth

Ako koristite sprej:

1. sjedite i odmorite se 2 do 3 minute.
2. ako imate bol u prsima ili nelagodu koja ne popušta nakon odmora, držite sprej uspravno sa raspršivačem na vrhu bočice, što je moguće bliže ustima.
3. pritisnite raspršivač i prsnite medikament na svoj jezik ili ispod njega. Nemojte odmah progutati nego sačekajte 10 sekundi.
4. ako Vaš bol u prsima traje duže od 5 minuta, raspršite drugu dozu u svoja usta.
5. ako bol u prsima ne nestane nakon sljedećih 5 minuta, raspršite treću dozu; sprej možete upotrijebiti 3 puta u roku od 15 minuta.
6. ako još uvijek imate bol, **pozovite 911 (hitnu pomoć)**. Nemojte sami sebe voziti u bolnicu jer možda imate srčani udar.

Odmah pozovite svog ljekara ako imate bilo koju od ovih nuspojava:

- crvenilo u licu ili osjećate da Vam je lice vruće
- mučninu ili povraćanje

Smjesta pozovite svog ljekara ili 911 (hitnu pomoć) ako imate bilo koju od sljedećih nus pojava:

- probleme s disanjem
- pojačan bol u prsima
- nesvjesticu, vrtoglavicu ili jaku malaksalost
- jaku glavobolju
- svrab ili oticanje
- zamagljen vid
- suha usta

Talk to your doctor, nurse or pharmacist if you have any questions or concerns about taking nitroglycerin.

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Posavjetujte sa svojim ljekarom, medicinskom sestrom ili apotekarom ako imate bilo kakvih pitanja ili ste u dilemi u vezi uzimanja nitroglicerina.

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Nitroglycerin. Bosnian.