

Non-stress Test in Pregnancy

A non-stress test checks your baby's heartbeat and movement during pregnancy.

Arrive on time for your test. The test is painless and takes about 30 to 60 minutes.

To Prepare

- Eat before the test. This may increase your baby's movement.

During the Test

- The pads are put on the skin of your stomach. They are held in place with elastic belts.
- Your baby's heart rate is recorded by one pad. The other pad records your contractions.
- If the baby is not active during the test, you may be asked to move or the staff will try to make your baby move using noise or touch.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

5/2009. Developed through a partnership of The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth, Columbus, Ohio. Available for use as a public service without copyright restrictions at www.healthinfotranslations.org.

Unless otherwise stated, user may print or download information from this website for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.

Examen de réactivité fœtale lors de la grossesse

Un examen de réactivité fœtale permet de vérifier le rythme cardiaque et les mouvements de votre bébé pendant la grossesse.

Arrivez à l'heure pour ce test. L'examen n'est pas douloureux et dure environ 30 à 60 minutes.

Préparation

- Mangez avant l'examen. Cela peut augmenter les mouvements de votre bébé.

Lors du test

- Des électrodes sont placées sur la peau de votre ventre. Elles sont maintenues par des ceintures élastiques.
- Le rythme cardiaque de votre bébé est enregistré par une électrode. L'autre électrode enregistre vos contractions.
- Si le bébé n'est pas actif lors de l'examen, on peut vous demander de bouger ou le personnel essaiera de faire bouger votre bébé en faisant du bruit ou en vous touchant.

Le résultat des tests est envoyé à votre médecin. Votre médecin discutera des résultats avec vous.

Parlez à votre médecin ou à votre infirmière si vous avez des questions ou des inquiétudes.

5/2009. Developed through a partnership of The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth, Columbus, Ohio. Available for use as a public service without copyright restrictions at www.healthinfotranslations.org.

Unless otherwise stated, user may print or download information from this website for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Medical Center, Mount Carmel Health System and OhioHealth are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain medical treatment.