

PFT (Pulmonary Function Test)

PFT measures how much air and how well air moves in and out of your lungs. The test checks how your lungs work. It may be done to check for lung disease, how you respond to your treatment, or how well your lungs work before surgery.

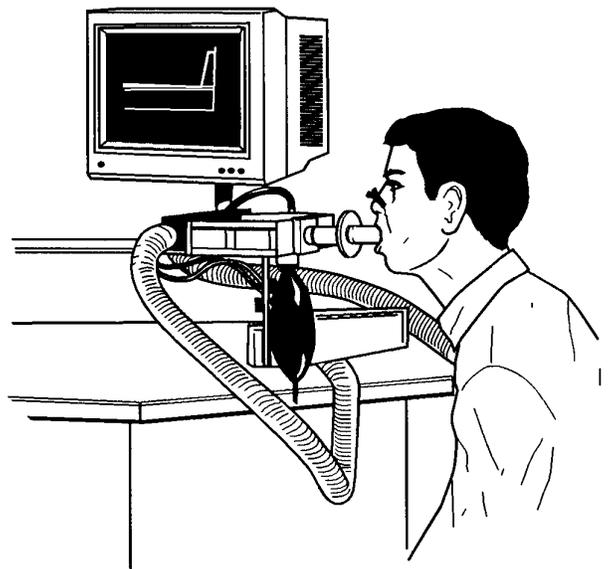
Arrive on time for your test. The test takes about 1 hour.

To Prepare

- Do not smoke for 4 to 6 hours before the test.
- Only eat a small meal before the test so you can take deep breaths during the test.
- If you take lung medicine, your doctor will tell you which medicines you need to stop taking and how long before the test.

During the Test

- A nose clip is put on your nose so that you breathe through your mouth.
- You breathe in and out through a tube that goes to a machine.
- You may be asked to:
 - ▶ Breathe in as deeply as you can and then blow air out as fast as you can.
 - ▶ Breathe normally and then take in as big a breath as you can.



PFT (폐 기능 검사)

PFT(폐 기능 검사)는 공기가 얼마나 많이 그리고 얼마나 잘 폐로 들어갔다 나왔다 하는가를 측정합니다. 이 검사는 폐 기능을 검사합니다. 이 검사는 폐질환 여부를 확인하고, 치료에 얼마나 잘 반응하는가도 확인하며, 수술 전에 폐가 기능을 얼마나 잘 하는가를 확인하기도 합니다.

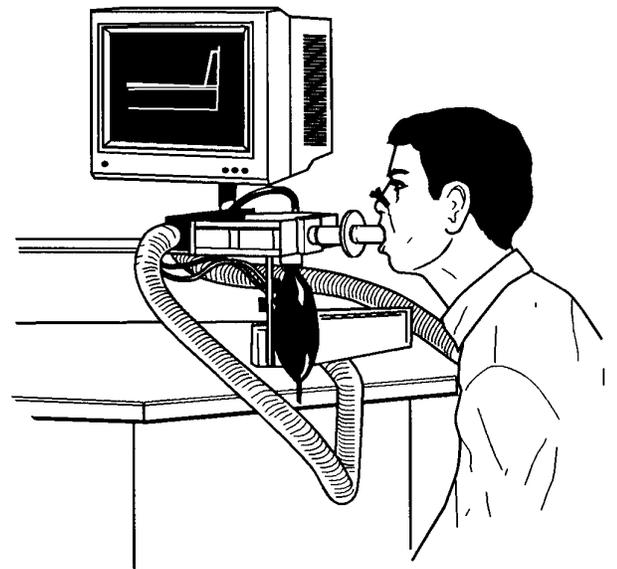
검사 받는 날 제 시간에 도착. 검사 자체는 약 1시간 걸립니다.

검사 전 준비

- 검사 전 최소한 4-6시간 동안은 담배를 피우지 마십시오.
- 검사 전에 음식을 조금만 먹어야 검사 중에 심호흡 하기가 용이합니다.
- 폐 치료제를 복용하는 환자는 검사 전에 어떤 약을 얼마나 오래 복용을 중단해야 하는지를 의사가 알려줄 것입니다.

검사 중

- 입으로만 숨을 쉴 수 있도록 코를 집게로 막을 것입니다.
- 기계와 연결된 튜브를 통하여 숨을 쉬게 됩니다.
- 검사 받을 때:
 - ▶ 숨을 가장 깊숙이 들이마신 다음 가능한 가장 빠른 속도로 내쉴다.
 - ▶ 정상적으로 숨을 내쉬고 가능한 가장 깊게 숨을 들이마신다.



- You may be given medicine to inhale and have more testing to see the effect of the medicine.
- Tell the staff if you need to rest during the test.
- A blood sample may be taken to measure the oxygen in your blood.

After the Test

- You may feel tired and need to rest.
- Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

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- 약을 먹고 숨을 들이마신 다음 약의 효과를 보기 위하여 추가 검사를 할 수도 있습니다.
- 검사 중에 휴식이 필요하면 의료진에게 말하십시오.
- 혈액 안에 산소량을 측정하기 위하여 혈액 샘플을 채취할 수 있습니다.

검사 후

- 피곤해서 쉬고 싶을 것입니다.
- 검사 결과는 의사에게 보냅니다. 의사가 결과를 알려줄 것입니다.

질문이나 문제가 있으시면 의사나 간호사에게 말하십시오.

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