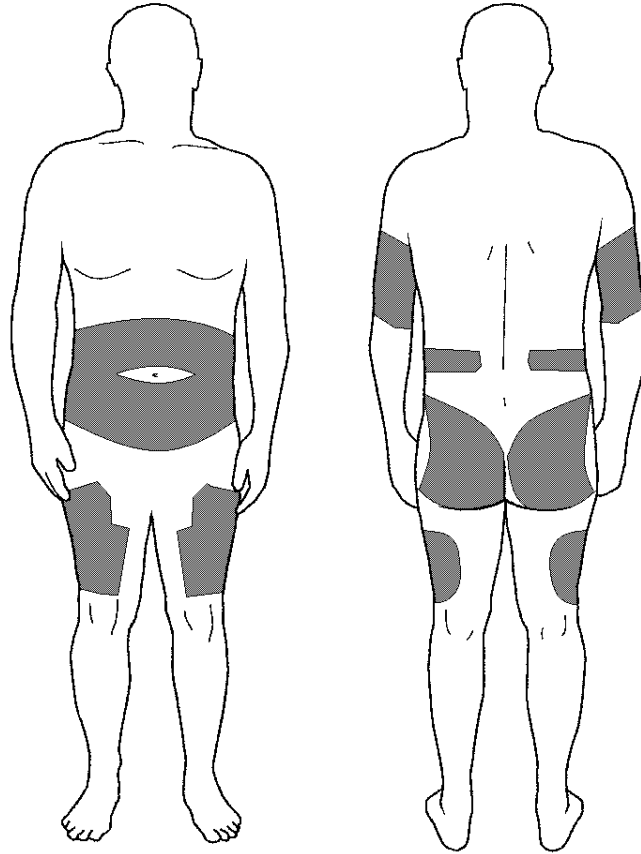


Subcutaneous Injection Sites



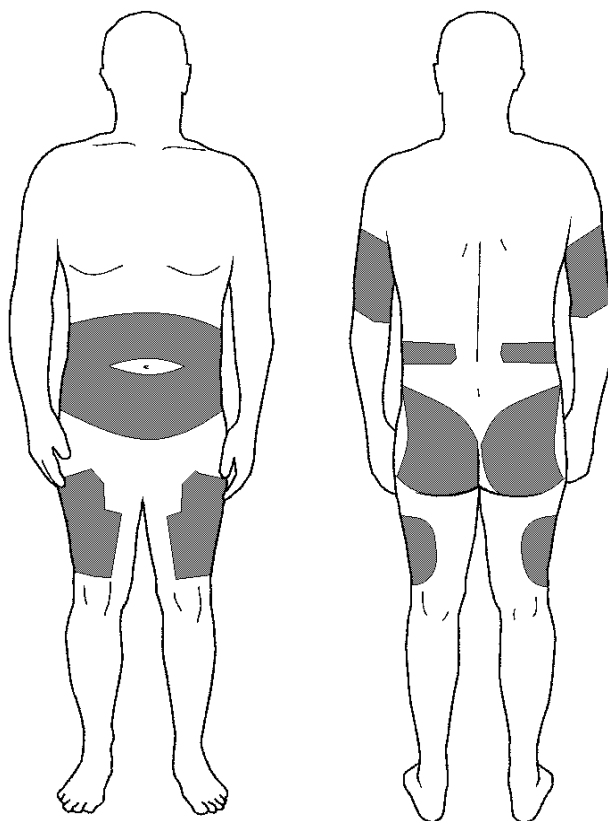
The medicine you are taking is to be given into the fatty tissue under the skin. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

- The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms, and least well from the legs and buttocks.
- Rub the site with alcohol. Let the alcohol air dry.
- Give your shot in a different spot each time.
- Talk to your doctor or nurse if you have any questions or concerns about where to give your injection.

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Sites d'injections sous-cutanées



Les médicaments que vous prenez doivent être administrés dans le tissu adipeux sous la peau. On vous expliquera comment effectuer l'injection. Utilisez cette feuille pour savoir à quels endroits vous pouvez vous faire vos injections.

- Comme vous pouvez le voir sur le schéma, le ventre, les bras, les jambes et les fesses peuvent être utilisés pour effectuer les injections. Les injections sont mieux absorbées dans le ventre, près des bras, et sont moins bien absorbées dans les jambes et les fesses.
- Frottez le site avec de l'alcool. Laissez l'alcool sécher à l'air.
- Faites-vous votre injection à des endroits différents à chaque fois.
- Parlez avec votre médecin ou votre infirmière si vous avez des questions ou des inquiétudes sur l'endroit de l'injection.

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Subcutaneous Injection Sites. French.