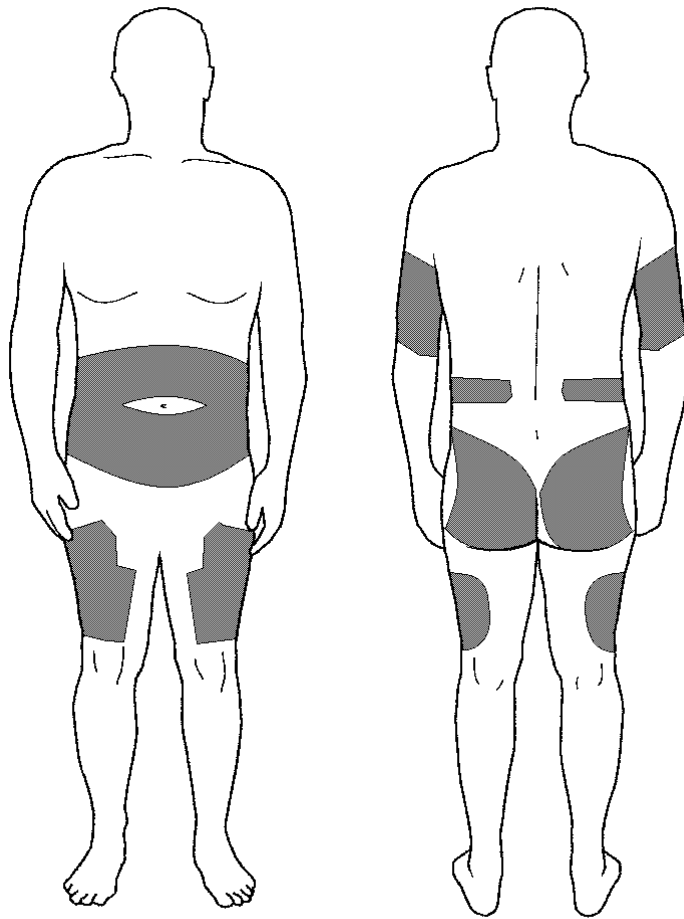


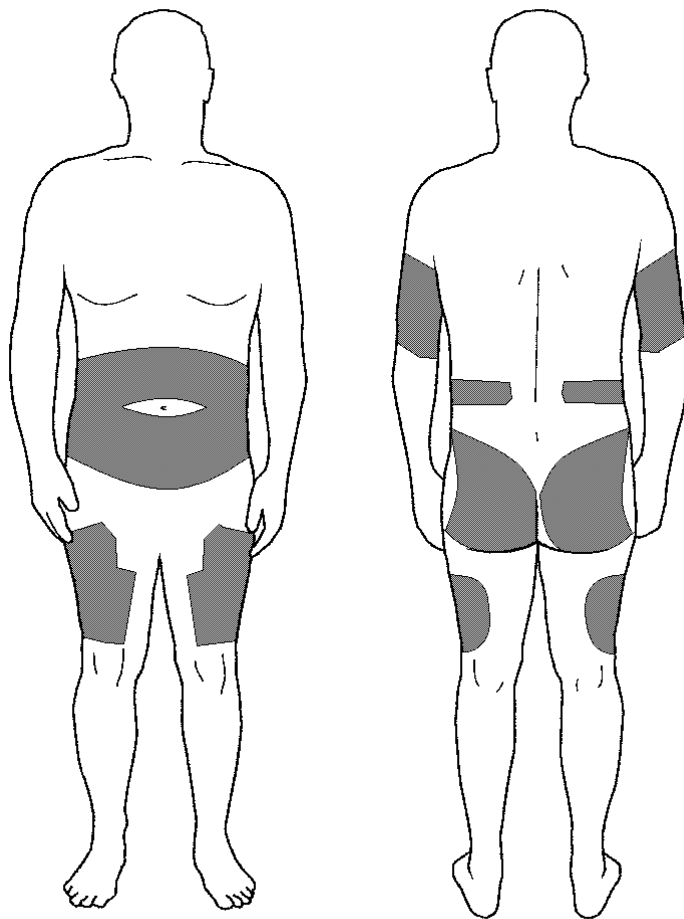
Subcutaneous Injection Sites



The medicine you are taking is to be given into the fatty tissue under the skin. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

- The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms, and least well from the legs and buttocks.

Места для подкожных инъекций



Лекарства, которые Вы принимаете, должны вводиться в жировую клетчатку под кожей. Вас научат, как делать инъекцию или укол. Используйте эту инструкцию для того, чтобы узнать какие места использовать для подкожных инъекций.

- Инъекции могут быть сделаны в живот, руки, ноги и ягодицы, как это показано на рисунке. Лучше всего инъекции абсорбируются из живота, затем из рук и хуже всего из ног и ягодиц.

- Rub the site with alcohol. Let the alcohol air dry.
- Give your shot in a different spot each time.
- Talk to your doctor or nurse if you have any questions or concerns about where to give your injection.

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- Протрите место укола спиртом. Подождите, пока спирт улетучится.
- Делайте укол каждый раз в новом месте.
- Если у Вас есть какие-либо вопросы или опасения относительно того, где делать укол, обратитесь к Вашему врачу или медсестре.

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Subcutaneous Injection Sites. Russian.