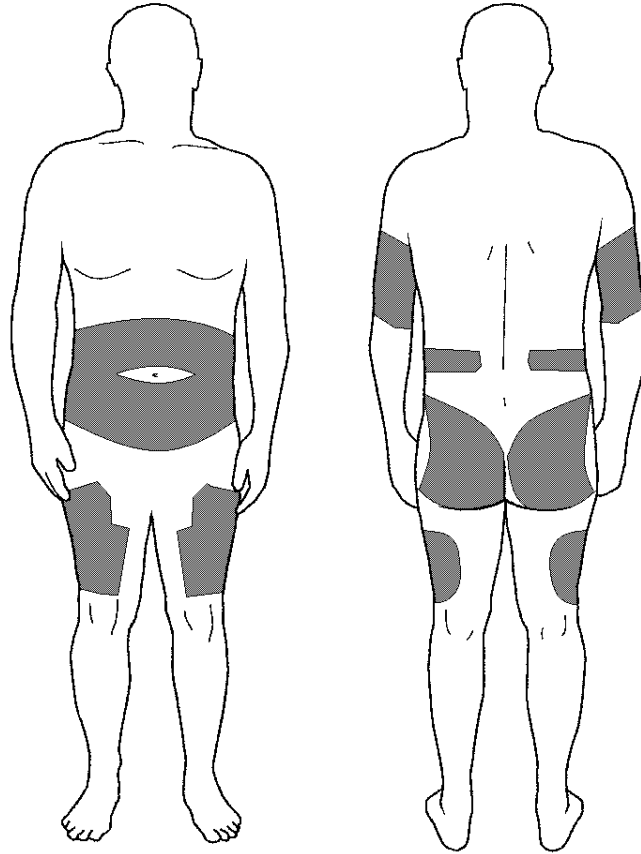


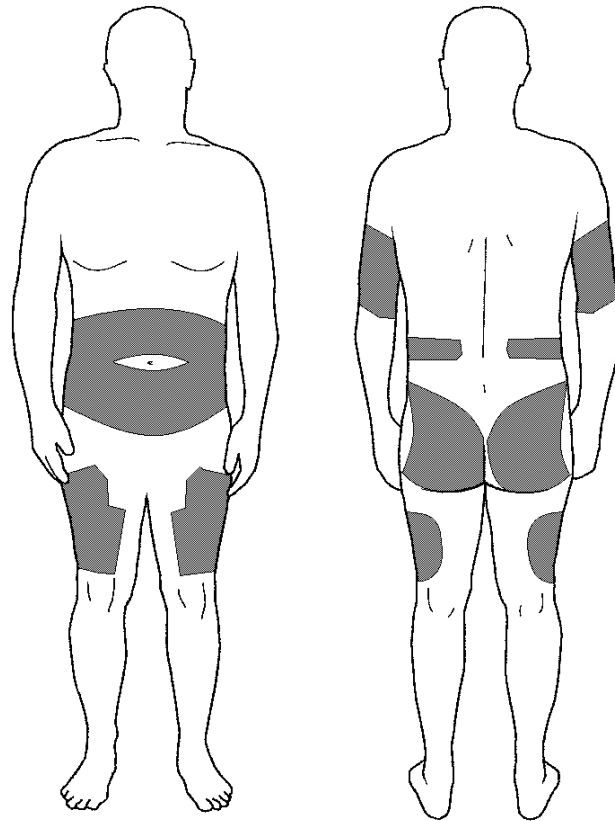
Subcutaneous Injection Sites



The medicine you are taking is to be given into the fatty tissue under the skin. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

- The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms, and least well from the legs and buttocks.
- Rub the site with alcohol. Let the alcohol air dry.
- Give your shot in a different spot each time.
- Talk to your doctor or nurse if you have any questions or concerns about where to give your injection.

Lugares para inyecciones subcutáneas



El medicamento que está tomando se debe administrar a través del tejido adiposo debajo de la piel. Para esto, se le enseñará cómo inyectarse. Use esta hoja para conocer los lugares que se usan para las inyecciones.

- Para las inyecciones se puede usar el estómago, los brazos, las piernas y las nalgas, como se muestra en la imagen. Las inyecciones se absorben mejor desde el estómago, a continuación desde los brazos y, por último, desde las piernas y nalgas.
- Frote el lugar con alcohol y deje que éste se seque al aire.
- Inyéctese en un lugar diferente cada vez.
- Hable con su médico o enfermera si tiene alguna pregunta o inquietud sobre cómo inyectarse.

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Subcutaneous Injection Sites. Spanish.