

Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions. You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

This test has 3 parts. You will be given 3 appointment times. **Arrive on time for each part of the test.**

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are **breastfeeding, pregnant or think you might be**, tell the staff before the scan. **For women of childbearing years**, a pregnancy test is done before the scan.

To Prepare

- **Do not** take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.
- **Do not** eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.

갑상선 검사

갑상선 검사를 통하여 갑상선의 문제를 확인할 수 있습니다. 갑상선은 목에 위치해 있습니다. 갑상선은 대부분의 신체 기능의 속도를 빠르게 하거나 늦춥니다. 이 검사를 할 때 환자는 소량의 방사선 요오드가 들어있는 알약을 먹게 됩니다. 이 알약은 부작용이 없습니다.

이 검사는 3 단계로 구성되었습니다. 따라서, 병원을 3번 방문해야 합니다. 각 검사를 받을 때 제 시간에 도착하십시오.

어떤 약이나 음식 또는 어떤 물질에 알레르기가 있으면 검사 전에 의료진에게 미리 알려주십시오.

수유 중이거나, 임신했거나, 임신 가능성이 있으면 검사 전에 의료진에게 말씀하십시오. 가임 여성들은 검사를 하기 전에 임신 여부 검사를 받게 됩니다.

검사 전 준비

- 검사를 받기 전 4주 동안은 요오드가 들어있는 종합 비타민을 복용하지 마십시오.
- 갑상선 약을 먹고 있다면 검사 전 언제부터 복용을 중단해야 하는지 의사에게 물어보십시오.
- 검사 전 날 자정부터 그리고 알약을 먹은 후 2시간 동안은 아무 것도 먹거나 마시지 마십시오.
- 검사 받는 날 평소 복용하는 약들을 먹어야 하는지 의사에게 물어보십시오. 약을 먹어야 하면 약간의 물만으로 삼키십시오.

Your Appointments

Part One

Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

You are told about the test and given a pill to swallow.

Part Two

Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

About 6 hours later, you return to have a small blood sample taken from your arm to measure the amount of radioactivity in your thyroid gland. You may wait at home between parts one and two.

Part Three

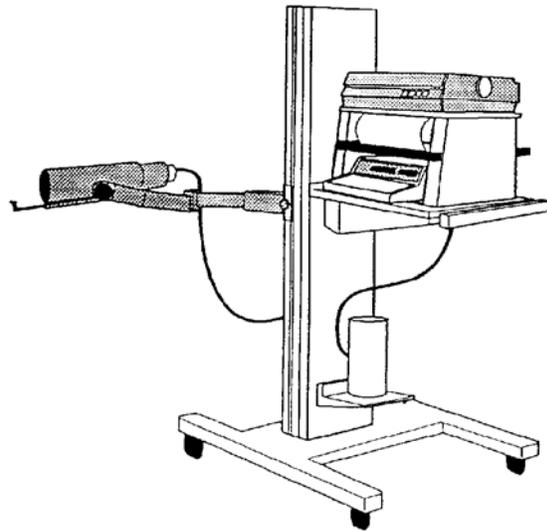
Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

The next day, you have blood taken again. A scan of your thyroid gland is done. You will lie down for the scan. This takes about 1 hour.

Test results are sent to your doctor. Your doctor will share the results with you.

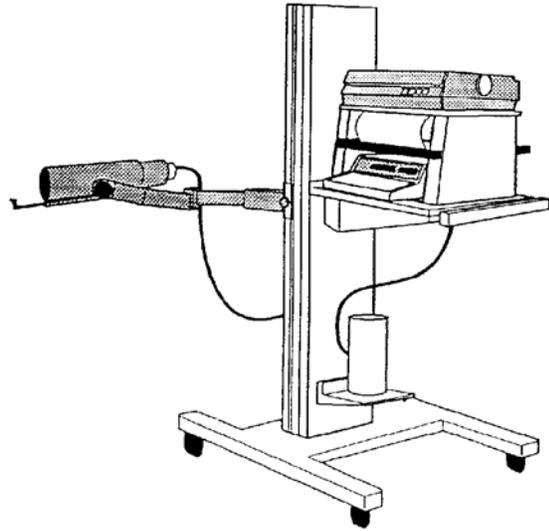
Talk to your doctor or nurse if you have any questions or concerns.



다음 날 피를 한 번 더 뽑을
것입니다. 갑상선 검사를
받습니다. 검사를 받기 위하여
검사대에 누어야 합니다. 이
검사는 약 1시간 걸립니다.

검사 결과는 의사에게 직접
전달됩니다. 의사가 결과를
알려줄 것입니다.

질문이나 문제가 있으면 의사나
간호사와 상담하십시오.



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Thyroid Scan. Korean.