

Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions. You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

This test has 3 parts. You will be given 3 appointment times. **Arrive on time for each part of the test.**

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are breastfeeding, pregnant or think you might be, tell the staff before the scan. For women of childbearing years, a pregnancy test is done before the scan.

To Prepare

- **Do not** take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.
- **Do not** eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.

Sawirka Hunguriga

Sawirka hungurigu wuxuu hubiyaa in qanjidhka hungurigu wax dhibaato ah qabo. Qanjidhka hunguriga wuxuu ku yaallaa luquntaada. Wuxuu dadajiyaa ama hoos u dhigaa hawlaha jidhka badankooda. Waxaa lagu weydiin doonaa in aad liqdo kaniini ay ku jiraan xaddi yar oo shucaaca aayodhiinta ah oo loogu talaggalay baaritaanka. Ma jiraan saameyno dhinaca kale ah oo ka imaanaya qaadashada kaniiniyadaan.

Baaritaankaan wuxuu leeyahay 3 qaybood. Waxaa lagu siin doonaa 3 goor oo ballamo ah. **Wagtiga ugu imow qayb kasta oo baaritaanka ka mid ah.**

Haddii aad wax xajiin ah ka qaaddid daawooyinka, cuntooyinka ama waxyaabo kale, shaqaalaha u sheeg baaritaanka ka hor.

Haddii aad **naas nuujisid, uur leedahay ama aad u maleyneyso inada uur yeelato**, u sheeg shaqaalaha sawirka ka hor. Iyadoo loogu talaggalay **haweenka ku jira sanadaha uur qaadidda**, baaritaan uur ayaa lagu sameeyaa sawirka ka hor.

Si aad isugu Diyaariso

- **Ha qaadan** multi-fitamiin ay ku jiraan aayodhiin ilaa iyo 4 toddobaad baaritaanka ka hor.
- Haddii aad qaadatid daawo hunguriga, weydii takhtarkaaga goorta aad u baahan tahay in aad joojiso qaadashadiisa baaritaanka ka hor.
- **Ha cunin** hana cabbin, oo ay ku jiraan biyo, wixii ka danbeeya saqda dhexe habeenka ka horreeya baaritaanka iyo 2 saacadood oo ka danbeysa markaad qaadato kaniiniga.
- Weydii takhtarkaaga haddii ay tahay in aad qaadato daawooyin maalinta baaritaanka. Haddii ay sidaas tahay, ku qaado kabbashooyin biyo ah oo keliya.

Your Appointments

Part One:

Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

You are told about the test and given a pill to swallow.

Part Two

Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

About 6 hours later, you return to have a small blood sample taken from your arm to measure the amount of radioactivity in your thyroid gland. You may wait at home between parts one and two.

Part Three

Your test is at _____ morning/afternoon
Time

on _____, 20_____.
Month Day Year

Ballamadaada

Qaybta Koowaad:

Baaritaanku wuxuu ka dhacayaa _____ subaxda/galabta
Waqtiga

Markay tahay _____, 20 _____.
Bisha Maalinta Sanadka

Waxaa lagu sheegay wax ku saabsan baaritaanka waxaana lagu siiyey kaniini aad liqdo.

Qaybta Labaad

Baaritaanku wuxuu ka dhacayaa _____ subaxda/galabta
Waqtiga

Markay tahay _____, 20 _____.
Bisha Maalinta Sanadka

Ilaa 6 saacadood ka dib, waxaad u noqon doontaa sambal dhiig oo yar gacantaada laga qaadayo si loo cabbiro xaddiga shucaaca ku jira qanjidhka hungurigaaga. Waxaad ku sugi doontaa guriga inta u dhexeysa qaybaha kow iyo labo.

Qaybta Saddexaad

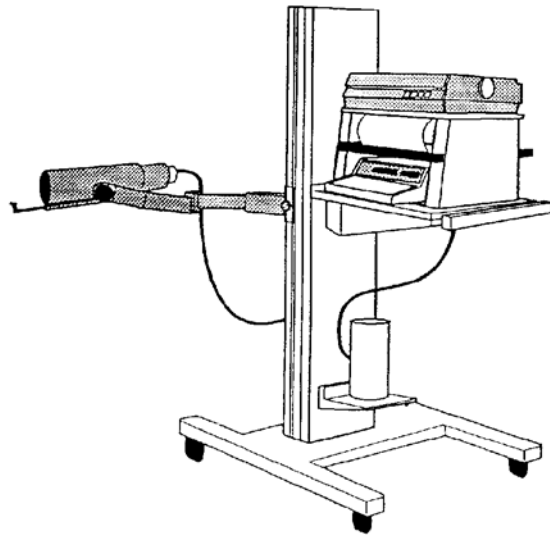
Baaritaanku wuxuu ka dhacayaa _____ subaxda/galabta
Waqtiga

Markay tahay _____, 20 _____.
Bisha Maalinta Sanadka

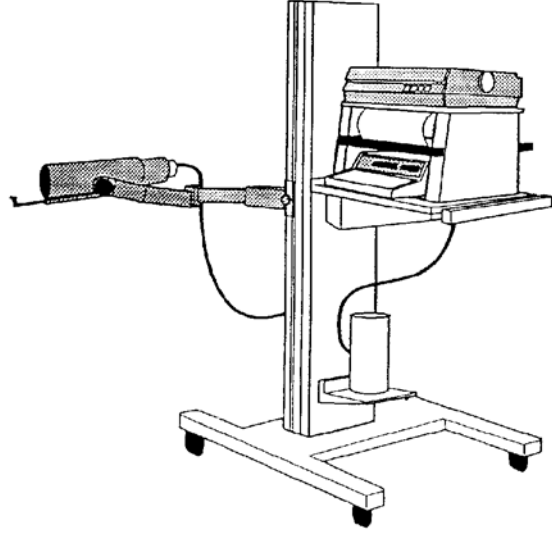
The next day, you have blood taken again. A scan of your thyroid gland is done. You will lie down for the scan. This takes about 1 hour.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.



Maalinta ku xigta, waxaa mar kale lagaa qaadayaa dhiig. Sawirka qanjidhka hungurigaaga ayaa la sameynayaa. Waxaad u seexan doontaa in lagu sawiro. Kan wuxuu qaadanayaa 1 saac.



Natiijooyinka waxaa loo dirayaa takhtarkaaga. Takhtarkaagu adiga ayuu natiijooyinka kula wadaagi doonaa.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ama walaac ah qabtid.

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Thyroid Scan. Somali.